Count: 24
Wand: 4
Ebene: Intermediate
Choreograf/in: Cody Flowers (USA) - July 2015
Musik: The Time of My Life - David Cook

Award: USLDCC - 1st Place in Phrased Category at Fun in the Sun
(1-8) Sweep, Step Back, $1 / 4$ Turn, $1 / 2$ Turn, Step Back, Coaster Step, Twinkle (2), Rock-Recover, Step Side, Step Back

1
2\&a

3
4\&a

7
8\&a
(9-16) Step Back, Back, $1 / 4$ Turn, $1 / 2$ Turn, Step Back Sweep, Step Back, $1 / 4$ Turn, $1 / 2$ Turn, Step Back, Coaster, Walk, Cross-Unwind $3 / 4$ Turn

| 1 | Big step back on LF while dragging RF to LF <br> 2\&a |
| :--- | :--- |
| Step RF behind LF, Make $1 / 4$ Turn left (12:00) stepping forward on LF, $1 / 2$ Turn left (6:00) <br> stepping back on RF |  |
| 3 | Step LF behind RF while sweeping RF out to right side |
| 4\&a | Step RF behind LF, Make $1 / 4$ Turn left (3:00) stepping forward on LF, $1 / 2$ Turn left (9:00) <br> stepping back on RF |
| 5 | Big step back on LF while dragging RF to LF |
| 6\&a | Step back on RF, Step LF beside RF, Step forward on RF |
| 7 | Step forward on LF |
| 8\&a | Cross RF over LF unwind $1 / 2$ Turn left (3:00), $1 / 4$ Turn left (12:00) stepping forward on LF, Step <br> forward on RF facing 10:30 |

(17-24) Step, Leg Lift, $1 / 4$ Turn, $1 / 4$ Turn, Step, Leg Lift, Step Lock Step, $1 / 2$ Turn, Cross, $1 / 4$ Turn, $1 / 2$ Turn $1 / 4$ Turn 1
2\&a Step back on RF, $1 / 4$ Turn right (1:30) stepping back on LF, $1 / 4$ Turn right (4:30) stepping
3 Step forward on LF lift right up, lower right leg (weight still on L)
4\&a
5
6\&a
7
8\&a

5\&a Cross LF over RF, Step RF to right side, Step LF slightly forward
6\&a Cross RF over LF, Step LF to left side, Step RF slightly forward
Step LF behind RF while sweeping RF out to right side
Step RF behind LF, Make $1 / 4$ Turn left (9:00) stepping forward on LF, $1 / 2$ Turn left (3:00) stepping back on RF
Big step back on LF while dragging RF to LF
Step back on RF, Step LF beside RF, Step forward on RF

Rock forward on LF crossing over RF
Recover weight on RF, Step LF to left side, Step back on RF
stepping back on RF
Step LF behind RF while sweeping RF out to right side
Step RF behind LF, Make $1 / 4$ Turn left (3:00) stepping forward on LF, $1 / 2$ Turn left (9:00) stepping back on RF
Big step back on LF while dragging RF to LF
Step back on RF, Step LF beside RF, Step forward on RF
Step forward on LF
Cross RF over LF unwind $1 ⁄ 2$ Turn left (3:00), $1 / 4$ Turn left (12:00) stepping forward on LF, Step forward on RF facing 10:30 1 Step forward on LF lift right up, lower right leg (weight still on L) forward on RF

Step back on RF, Step back on LF, Cross RF over LF
Step back on LF making a $1 / 2$ Turn (10:30) over your right shoulder
Step down on RF, Step forward on LF, Pivot $1 / 2$ Turn (4:30) right putting weight on RF Cross LF over RF aligning up with 3:00
$1 / 4$ Turn left (12:00) stepping back on RF, $1 / 2$ Turn left (6:00) stepping forward on LF, $1 / 4$ Turn left (3:00) stepping RF to right side

## Restarts:

On 2nd Wall facing 3:00, do the first 8 counts and then start again.
On 6th Wall facing 3:00, dance through count 8 of the second set of eight (count 16) as written. Then replace the following 8\&a as follows:
8\&a
Cross RF over LF unwind $1 / 2$ Turn left (3:00), $1 / 4$ Turn left (12:00) stepping forward on LF, Step back on RF facing 9:00
(Restart dance by stepping back on LF and sweeping RF around for count 1)

