

Alabama Summer

Count: 48

Wand: 4

Ebene:

Choreograf/in: Madita Ahlborn - April 2015

Musik: River Bank - Brad Paisley



Starts with lyrics

[1 – 8] □ 2x walk, shuffle, rock step, tripple ½ turn

- 1,2 Step R forward, step L forward
3&4 Step R forward (1), Step L slightly behind R (&), Step R forward (4)
5,6 Step L forward (5), put weight back on R (6)
7&8 ¼ turn L, stepping on L (7), Step R next to L (&), ¼ turn L, stepping L slightly forward (8)

[9-16] □ 2x walk, shuffle, rock step, tripple ½ turn

- 1,2 Step R forward, step L forward
3&4 Step R forward (1), Step L slightly behind R (&), Step R forward (4)
5,6 Step L forward (5), put weight back on R (6)
7&8 ¼ turn L, stepping on L (7), Step R next to L (&), ¼ turn L, stepping L slightly forward (8)

[17-24] □ Side Rock, weave L, side rock, weave R with ¼ turn

- 1,2 Step R to R side (1), weight back on L (2)
3&4 Step R behind L (3), Step L slightly to L (&), Step R across front of L (4)
5,6 Step L to L side (5), weight back on R (6)
7&8 Step L behind R (7), with a ¼ turn R step R slightly forward (&), Step L forward (8)

[25-32] □ 2x Wizard Steps, 2x ¼ Turn

- 1,2 & Step R diagonally forward (1), Step L behind R (2), step R slightly next to L (&)
3,4,& Step L diagonally forward (4), Step R behind L (5), Step L slightly next to R (&)
5,6 Step R forward (6), ¼ turn L – weight on L (7)
7,8 Step R forward (7), ¼ turn L – weight on L (8)

[33-40] □ 2x Kick touches, 2 heel touches, out-out, 2 x clap

- 1&2 Kick R forward (1), step R back to center next to L (&), touch L toe to L side (2)
3&4 Kick L forward (3), step L back to center next to R (&), touch R toe to R side (4)
5&6 Touch R heel forward (5), step R back to center (&), touch L heel forward (6)
&7 Step L slightly to L (&), Step R slightly to R (7)
&8 clap hands (&), clap hands (8)

[41-48] □ 2x hip bump R, 2x himp bump L, 2x ½ Turn

- 1,2 Push R hip to R side (1), push R hip to R side (2)
3,4 Push L hip to L side (3), push L hip to L side (4)
5,6 Step R forward (5), ½ turn L – weight will be on L (6)
7,8 Step R forward (7), ½ turn L – weight will be on L (8)

~1. Restart will be on wall 5 (this is when you face 12 o'clock again / forward):

Dance all 32 counts and then start from the beginning.

~2. Restart will be on wall 6 (right after the first restart round):

Dance all 32 counts and then start from the beginning.

Have fun !