

Kokoro No Tomo (心の友) (心中的朋友)

(zh)

COPPER KNOB
STEPSHEETS

Count: 32

Wand: 4

Ebene: High Beginner

Choreograf/in: Amy Yang (TW) & Edwin P Napitu (NL) - 2015年05月

Musik: Kokoro No Tomo (Mayumi Itsuwa)



Intro: 32 count

Sec . 1: SIDE TOGETHER, FORWARD SHUFFLE, ROCK, RECOVER, TRIPLE ¾ TURN R

- 1 – 2 Step L to left side, step R next to L
3 & 4 Step L forward, step R behind L, step L forward
5 – 6 Rock R forward, recover on L
7 & 8 3/4 turn right step on R, L, R (09:00)
1 – 2 左足左踏, 右足併於左足旁
3 & 4 左足前踏, 右足鎖於左足後, 左足前踏
5 – 6 右足前踏, 重心回左足
7 & 8 右轉3/4 踏右足、左足、右足(09:00)

Sec . 2: SIDE ROCK, BEHIND, SIDE, CROSS, SIDE ROCK, CROSS, ¾ TURN L

- 1 – 2 Rock L to left side, recover on R
3&4 Cross L behind R, step R to right side, Cross L over R
5 – 6 Rock R to right side, recover on L
7 & 8 Cross R over L, make ¾ turn left unwind(12:00)
1 – 2 左足左踏, 重心回右足
3 & 4 左足交叉右足後, 右足右足踏, 左足交叉右足前
5 – 6 右足右踏, 重心回左足
7 & 8 右足交叉左足前, 左轉3/4(12:00)

Sec . 3: SIDE ROCK, CROSS SHUFFLE, SIDE TOGETHER, COASTER STEP

- 1 – 2 Rock L to left side, recover on R
3 & 4 Cross L over R, step R to right side, cross L over R
5 – 6 Step R to right side, step L next to R
7 & 8 Step R back, step L next to R, step R forward
1 – 2 左足左踏, 重心回右足
3 & 4 左足交叉右足前, 右足右足踏, 左足交叉右足前
5 – 6 右足右踏, 左足併於右足旁
7 & 8 右足退踏, 左足併於右足旁, 右足前踏

Sec . 4: STEP, SWEEP, CROSS, SIDE, BEHIND, SWEEP, BEHIND, ¼ TURN R/STEP

- 1 – 2 Step L forward, R sweep (back to front)
3 – 4 Cross R over L, step L to left side
5 – 6 Step R back, L sweep (front to back)
7 – 8 Cross L behind R, ¼ turn right/step R forward(03:00)
1 – 2 左足前踏, 右足由後向前繞
3 – 4 右足交叉左足前, 左足左踏
5 – 6 右足後踏, 左足由前向後繞
7 – 8 左足交叉右足後, 右轉1/4 右足前踏 (03:00)

TAG : 加拍

SIDE TOGETHER, FORWARD SHUFFLE, SIDE TOGETHER, COASTER STEP

- 1 – 2 Step L to left side, step R next to L

3 & 4 Step L forward, step R behind L, step L forward
5 – 6 Step R to right side, step L next to R
7 & 8 Step R back, step L next to R, step R forward
1 – 2 左足左踏, 右足併於左足旁
3 & 4 左足前踏, 右足鎖於左足後, 左足前踏
5 – 6 右足右踏, 左足併於右足旁
7 & 8 右足後踏, 左足併於右足旁, 右足前踏

ROCK STEP, SHUFFLE ½ TURN L, PIVOT ¼ TURN L, CROSS SHUFFLE

1 – 2 Rock L forward, recover on R
3 & 4 Step L to left side, step R next to L, ½ turn left stepping forward on L (12:00)
5 – 6 Step R forward, pivot ¼ turn left(09:00)
7 & 8 Cross R over L, step L to left side, cross R over L
1 – 2 左足前踏, 重心回右足
3 & 4 左轉1/2 左足踏, 右足併於左足旁, 左足前踏(12:00)
5 – 6 右足前踏, 左轉1/4(09:00)
7 & 8 右足交叉左足前, 左足左踏, 右足交叉左足前

Restarts/Tag

During 3rd wall, dance until 24 count + Tag (06:00)(06:00)

第三牆跳到24拍+加拍

During 7th wall, dance until 24 count + Tag + Tag(06:00)

第七牆跳到24拍+加拍2次

Happy Dancing & Have Fun!

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