

Freight Train Boogie

Count: 33

Wand: 2

Ebene:

Choreograf/in: Karen Hannaford (NZ) - June 2015

Musik: Freight Train Boogie - Willie Nelson



This dance is for Ben who loves to spend hours standing by the train tracks videoing the freight trains.
Thanks Janet for the music!

Start after 16 counts

[1-8] □ TOE STRUT, BACK ROCK, TOE STRUT, BACK ROCK, SIDE, TOG, ¼, BACK, ½.

1&2& Step R toe to right side, drop R heel, rock back on L, recover weight on R 12:00
3&4& Step L toe to left side, drop L heel, rock back on R, recover weight on L □□□□ 12:00
5&6 Step R to right side, step L tog, turn ¼ and step R fwd. □□□□□□ 3:00
7,8 Step back on L, turn ½ right and step fwd on R □□□□□□□□ 9:00

[9-16] □ L SHUFFLE FWD, FWD MAMBO, ¼ ROCK, BEHIND-SIDE-FWD

1&2 Step L fwd, step R next to left, Step L fwd □□□□□□□□ 9:00
3&4 Rock fwd on R, recover weight on L, step back R □□□□□□□□ 9:00
5,6 Turn ¼ left and rock L to side, recover weight on R □□□□□□□□ 6:00
7&8 Step L behind right, step R to side, step L fwd □□□□□□□□ 6:00

[17-25] □ R LOCK FWD, ½, ¼, CROSS SHUFFLE, SIDE, TOG, FWD

1&2 Step R fwd, lock L behind right, step R fwd □□□□□□□□ 6:00
3,4 Turn ½ right and step back on L, turn ¼ right and step R to side □□□□□□□□ 3:00
5&6 Cross L over right, step R to side, cross L over right □□□□□□□□ 3:00
7,8,9 Step R to side, step L beside right, step R fwd □□□□□□□□ 3:00

[26-33] □ ¼ LOCK BACK, ½ SHUFFLE, ½ PIVOT, FWD, TOUCH.

1&2 Turn ¼ right and step L back, lock R over left, step L back □□□□□□□□ 6:00
3&4 Turn ¼ right and step R to side, step L beside right, turn ¼ right and step R fwd □□□□□□□□ 12:00
5,6 Step L fwd, pivot ½ R taking weight on right □□□□□□□□ 6:00
7,8 Step L fwd, touch R beside left □□□□□□□□□□ 6:00

****Please note that the timing is a little unusual as section 3 has 9 counts. The other sections all have 8 counts.**

**TIMING CHANGE

Walls 4 (starts facing 6:00) & 7 (starts facing 12:00)

Section 3 has 8 counts instead of 9. The steps will remain the same for the whole section, but the timing changes.

Dance counts 1 – 6 (of section 3) then

7,8,9 becomes 7&8 (still stepping side, tog, fwd)

This happens on wall 4 facing 3:00 and wall 7 facing 9:00.

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Last Update - 30th June 2015