Freight Train Boogie



Count: 33 Wand: 2 Ebene:

Choreograf/in: Karen Hannaford (NZ) - June 2015

Musik: Freight Train Boogie - Willie Nelson



This dance is for Ben who loves to spend hours standing by the train tracks videoing the freight trains. Thanks Janet for the music!

Start after 16 counts

[1-8]□TOE STRUT, BACK ROCK, TOE STRUT, BACK ROCK, SIDE, TOG, ¼, BACK, ½.	
1&2&	Step R toe to right side, drop R heel, rock back on L, recover weight on R 12:00
3&4&	Step L toe to left side, drop L heel, rock back on R, recover weight on L□□□□12:00
5&6	Step R to right side, step L tog, turn ¼ and step R fwd. □□□□□□3:00
7,8	Step back on L, turn ½ right and step fwd on R□□□□□□□□9:00
[9-16]□L SHUFFLE FWD, FWD MAMBO, ¼ ROCK, BEHIND-SIDE-FWD	
1&2	Step L fwd, step R next to left, Step L fwd□□□□□□□□9:00
3&4	Rock fwd on R, recover weight on L, step back R □□□□□□□9:00
5,6	Turn ¼ left and rock L to side, recover weight on R□□□□□□6:00
7&8	Step L behind right, step R to side, step L fwd□□□□□□□□6:00
[17-25]□R LOCK FWD, ½, ¼, CROSS SHUFFLE, SIDE, TOG, FWD	
1&2	Step R fwd, lock L behind right, step R fwd□□□□□□□□6:00
3,4	Turn ½ right and step back on L, turn ¼ right and step R to side□□□□□3:00
5&6	Cross L over right, step R to side, cross L over right □□□□□3:00
7,8,9	Step R to side, step L beside right, step R fwd□□□□□□□3.00
[26-33]□¼ LOCK BACK, ½ SHUFFLE, ½ PIVOT, FWD, TOUCH.	
1&2	Turn ¼ right and step L back, lock R over left, step L back □□□□□6:00
3&4	Turn ¼ right and step R to side, step L beside right, turn ¼ right and step R fwd□□□12:00
5,6	Step L fwd, pivot ½ R taking weight on right □□□□□□□□□6:00
7,8	Step L fwd, touch R beside left□□□□□□□□□□□□16:00

^{**}Please note that the timing is a little unusual as section 3 has 9 counts. The other sections all have 8 counts.

**TIMING CHANGE

Walls 4 (starts facing 6:00) & 7 (starts facing 12:00)

Section 3 has 8 counts instead of 9. The steps will remain the same for the whole section, but the timing changes.

Dance counts 1 – 6 (of section 3) then

7,8,9 becomes 7&8 (still stepping side, tog, fwd) This happens on wall 4 facing 3:00 and wall 7 facing 9:00.

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Last Update - 30th June 2015