

What U Wanna Do? (你想怎樣?) (zh)

COPPER KNOB
BY STEPHEN

Count: 64

Wand: 3

Ebene: Intermediate

Choreograf/in: Jordan Lloyd (UK) - 2010年01月

Musik: Let It Go (feat. Pitbull) - Frankie J



第一段 Side, Coaster Rock, Rock, Ball Rock Step, Ball Step, Step.
側, 海岸下沉, 下沉, 併下沉, 併踏踏

- 1 Step right to right side. 右足右踏
- 2&3 Step left back, step right next to left, rock forward on left.
左足後踏, 右足併踏, 左足前下沉
- 4&5 Rock back on right, step left next to right, rock back on right.
右足回復, 左足併踏, 右足後下沉
- 6&7 Step forward on left, step right next to left, step left forward
左足前踏, 右足併踏, 左足前踏
- 8 Step forward on right 右足前踏

第二段 Kick Forward, Kick Back, Hitch ½ Turn, Step, Step Side, Knee Roll Bump. 前踢, 後踢, 抬轉, 踏, 踏側, 膝轉推臀

- 1 Kick left foot forward 左足前踢
- 2-3 Kick left foot back, hitch left foot as you make a ½ turn left.
左足後踢, 左轉180度左足抬
- 8&4-5 Step left forward, step right next to left, step left to left side.
左足前踏, 右足併踏, 左足左踏
- 6-8 Step right to right side, roll right knee, bump left hip to left side. 右足右踏, 右膝轉, 左推臀

第三段 Bump, Ball Side, Kick Ball Step Back, Hold, Lift Heels, Drop Heels, Hold, Ball Step.
推臀, 併側, 踢併後踏, 候, 踵抬, 踵踏, 候, 併踏

- 1&2 Bump hips to right side, bring left foot next to right, step right to right side. 右推臀, 左足併踏, 右足右踏
- 3&4 Kick left foot forward, step left next to right, step right back
左足前踢, 左足併踏, 右足後踏
- 5&6 Hold, lift both heels up, drop both heels.
候, 雙足踵抬, 雙足踵踏
- 7&8 Hold, step left next to right, step forward right.
候, 左足併踏, 右足前踏

第四段 Scuff & Hitch ¼, Back ¼, Sailor ¼, Sailor ¼, Coaster ¼.
擦踢 抬轉1/4, 後 1/4, 水手轉1/4, 水手轉1/4, 海岸1/4

- 1&2 Scuff left forward, hitch left up, step left to left side making a ¼ turn left. 左足前擦踢, 左足抬, 左轉90度左足左踏
- 3&4 Step right behind left, step left to left side making a ¼ turn left, step right to right side.
右足於左足後踏, 左轉90度左足左踏, 右足右踏
- 5&6 Step left behind right, step right to right side making a ¼ turn right, step left to left side.
左足於右足後踏, 右轉90度右足右踏, 左足左踏
- 7&8 Step back on right making a ¼ turn right, step left next to right, step right forward. 右轉90度右足後踏, 左足併踏, 右足前踏

第五段 Walk, Walk, Flick, Side, Ball Jazz Box, Side, Touch, Step.
走, 走, 抬, 側, 併爵士方塊, 側, 點, 踏

- 1-2 Walk forward L,R 左足前走, 右足前走
- 8&3-4 Flick left behind right, step left to left side, drag right next to left. 左足於右足後抬, 左足左踏, 右足拖併

- &5-6 Step right next to left, cross left over right, step back on right
右足併踏, 左足於右足前交叉踏, 右足後踏
- 7&8 Step left to left, touch right next to left, step right to right side. 左足左踏, 右足併點, 右足右踏

第六段 Kick ¼ & Touch, Hitch & Touch, Cross Rock, Rock, Walk, Rock.
1/4踢 併點, 抬 併點, 交叉下沉, 下沉, 走, 下沉

- 1&2 Kick left forward making a ¼ turn left, step left next to right, touch right behind left. 左轉90度左足前踢, 左足併踏, 右足於左足後點
- 3&4 Hitch right leg up, step right next to left, touch left to left side.
右足抬, 右足併踏, 左足左點
- 5&6 Cross left over right, rock back on right, rock forward onto left.
左足於右足前交叉踏, 右足後下沉, 左足前下沉
- 7-8 Walk forward on right, rock forward on left
右足前走, 左足前下沉

On Wall 5, dance up to and including section 5, but instead of ending in a rock(count 8), Step forward on left then start the dance again! (You will be facing the 3 o'clock wall)
第五面牆跳至此, 第8拍改成左足前踏, 面向3點鐘從頭起跳

Repeat the restart at the same section on wall 6 (You will start the dance again on the 6 o'clock wall)Dance the dance as normal after the second restart
第六面牆跳至此, 面向6點鐘從頭起跳

第七段 Recover, Shuffle ½, Rock, Recover, Step ¼, Behind, Cross, Step
回復, 轉交換, 下沉 回復, 踏 1/4, 後, 交叉, 踏

- 1 Recover back onto right. 右足回復
- 2&3 Step left back making a ½ turn left, step right next to left, rock forward on left. 左足後踏左轉180度, 右足併踏, 左足前下沉
- 4-5 Recover back onto right, step left to left side making a ¼ turn left.
右足回復, 左轉90度左足左踏
- 6&7 Step right behind left, step left to left side, cross right over left. 右足於左足後踏, 左足左踏, 右足於左足前交叉踏
- 8 Step left to left side. 左足左踏

第八段 Step Out, Out, Coaster Step, Hitch, Ball Touch, Knee Roll, Lunge
外 外, 海岸步, 抬, 併點, 膝轉, 曲膝

- 1-2 Step right to right side, step left out to left side.
右足右踏, 左足左踏
- 3&4 Step back on right, step left next to right, step right forward.
右足後踏, 左足併踏, 右足前踏
- 5&6 Hitch left leg slightly up, step left next to right, touch right to right side 左足略抬, 左足併踏, 右足右點
- 7-8 Roll right knee clockwise, Slightly lunge left foot to left side.
右膝順時針轉, 左足左曲膝踏
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