

Triple Crown

Count: 58

Wand: 2

Ebene: Phrased Intermediate

Choreograf/in: Ole Jacobson (DE) - April 2015

Musik: Triple Crown - Kevin Fowler



Sequence: AAA B AA BBB AA BBB 2xStomp

PART A: 50 counts

A1: Grapevine R, stomp, rolling vine L, stomp

- 1,2 Step RF to R - Cross LF behind RF
- 3,4 Step RF to R - LF beside RF to stomp (weight on LF)
- 5,6 1/4 turn L, LF Step forward - 1/2 turn L, Step RF to R
- 7,8 1/4 turn L, LF Step forward - RF next to LF, stomp (weight on left)

A2: Out-out, in-in, swivel

- 1,2 RF diagonally forward on R heel - LF diagonally forward on L heel
- 3,4 RF diagonally forward on R heel - LF diagonally forward on L heel
- 5,6 Weight on both feet, heels open - Weight on heels, open on your toes
- 7,8 Weight on both feet, heels close - Weight on heels, close on your toes

A3: Swivet, kick, stomp, side-kick, stomp

- 1 Heel and toe load, rotate toe to L while turning RFerse by R
- 2 Make feet straight again
- 3 Turn heel and toe to toe burdened by R while turning LFerse to L
- 4 Feet again just ask (weight on left)
- 5,6 Kick RF forward - RF stomp beside LF
- 7,8 Kick RF to R - RF stomp beside LF (weight on LF)

A4: Back rock, 2x 1/2 pivot turn L

- 1,2 Step back - weight onto LF (jumping)
- 3,4 Step RF forward - 1/2 L-rotation on both balls
- 5,6 Step RF forward - 1/2 L-rotation on both balls (Weight onto LF)

A5: Swivel R

- 1,2 RF Stomp the R - turn heel by R
- 3,4 Turn toe to R - turn heel by R
- 5,6 Turn heel L - Turn toe to L
- 7,8 Turn heel L - RF stomp beside LF

(Restart: (start over) in round 2 & 4)

A6: Monterey turn 2x 1/4 R (6.Runde TAG2+Restart))

- 1,2 Touch RF after R - R 1/4 turn to left, step LF to RF
- 3,4 LFTouch to L - LF next to RF
- 5,6 Touch RF after R - 1/4 turn to left, step LF to RF
- 7,8 Touch LF to L - LF stomp next step right place (weight on LF).

(In the 6th round of the complete Section replace TAG2 + Restart)

A7: Side-rock. stomp, kick

- 1,2 Step RF to R - recover to LF
- 3,4 Stomp RF beside LF (weight on LF) - RF forward kick

(TAG1 at the end of the 1st round, then Restart)

PART B: 8 counts

(Jump-Kombination) Cross-rock, back, flick, out, in , flick, kick, stomp

- 1,2 Cross RF over LF, step LF behind RF & lift - RF step back, Kick RF forward
- 3,4 RF Step back - LF kick forward - LF Step forward on left, RF behind LF& lift
- 5 Jump from the LF, LF to RF out (Out)
- 6 With both feet jump, step LF to the center and RF lift behind LF
- 7,8 Jump with left, step right back, step left kick ago - LF stomp beside RF

(Option) Coaster Step, hold, mambo,hold

- 1-4 RF Step back - LF beside RF - RF small step forward - hold
- 5-8 LFStep forward - recover onto RF - LF Step back - 1 Count hold (weight on LF)

TAG1: Back rock

- 1,2 RF Step back - weight onto LF (jump)

TAG2: 1/2 monterey turn R, jumping back-rock

- 1,2 Touch RF after R - R 1/2 turn to left, step LF to RF
- 3,4 LFTouch to L - LF next to RF
- 5,6 Step back - weight onto LF (jump) + Restart

Ending: 1-3 – RF Step forward - 1/2 L-Turn - Stomp RF forward

....keep smiling....

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Last Update - 30th April 2015
