

Sexed Up

Count: 84

Wand: 2

Ebene: Phrased Advanced

Choreograf/in: Maria Maag (DK) - April 2015

Musik: Sexed Up (Radio Edit) - Robbie Williams



Sequences: A, B, Tag 16 counts, A, B, Tag 4 counts, A 24 counts, hold 3 counts, Tag 16 counts, B, A 33 counts.

Intro: 16 counts from first beat

#3 Tags: -

Tag 1: 16 counts after wall 2 (after 1st B) (facing 06:00)

Tag 2: 4 counts after wall 4 (after 2nd B) (facing 12:00)

Tag 3: (to face 12:00 make another ¼ turn L in the hitch turn) (1) then 3 counts hold (2-3-4) then 16 counts Tag after the hold. (after 3rd A) (same as Tag 1)

Ending: After 33 count of the 4th. A (facing 12:00) ... The End

Part A – 56 counts – 1 wall

A[1 – 8] □ Step fw. R, step ½ turn R step, 1 ¼ triple L, back rock L, step L and ½ Fan R, run 2 x 1/8 R with R+L □

1-2& Step fw. R (1), step fw. L (2), make a ½ turn R stepping down R (&) □ 06:00

3-4& Step fw. L (3), make a ½ turn L stepping back R (4), make a ½ turn L stepping fw. L □ 06:00

5-6& Turn ¼ L stepping R to side (5), rock back L (6), recover R (&) □ 03:00

7-8& Step L to side and do a ½ fan turn R (7), turn 1/8 R run fw. R (8), turn 1/8 R run fw. L (&) □ 12:00

A[9 – 16] □ Step fw. R and sweep L, weave R and sweep R, behind ¼ L ¼ L and sway R L, basic R □

1-2& Step fw. R and sweep L fw. (1), cross L over R (2), step R to side (&) □ 12:00

3-4& Cross L behind R and sweep R back (3), cross R behind L (4), turn ¼ L stepping fw. L (&) □ 09:00

5-6 Turn ¼ L stepping R to side and sway R (5), sway L (6) □ 06:00

7-8& Step R to side (7), close L behind R (8), cross R over L (&) □ 06:00

A[17 – 24] □ Diamant 2 x ¼ R, basic L, ¼ L stepping back R run back L R □

1-2& Step L to side (1), turn 1/8 R stepping back R (2), step back L (&) □ 07:30

3-4& Turn 1/8 R stepping R to side (3), turn 1/8 R stepping fw. L (4), step fw. R (&) □ 10:30

5-6& Turn 1/8 R stepping L to side (5), close R behind L (6), cross L over R (&) □ 12:00

7-8& Turn ¼ L stepping back R (7), run back L (8), run back R (&) □ 09:00

A[25 – 32] □ ½ turn L with R hitch, Step R fw, ½ turn L step fw. R, full turn R, ½ turn R sweep R, back rock R recover L, turn 1/8 R, cross side □

1-2& Make a ½ turn L stepping down L and do a small hitch with R (1), step fw. R (2), make a ½ turn L stepping down L (&) Wall 5: Hold for 3 counts (facing 12:00) □ 09:00

3-4& Step fw. R (3), make a ½ turn R stepping back L (4), make a ½ turn R stepping fw. R (&) □ 09:00

5-6 Make a ½ turn R stepping back L and sweep R back (5), rock back R (6) □ 03:00

7-8& Recover L (7), turn 1/8 R crossing R over L (8), step L to side (&) □ 04:30

A[33 – 40] □ Cross R, side rock cross rock side rock L, cross L, side rock cross rock side rock R □

1-2& Cross R over L (1) square up to 6 o'clock (1/8 turn R) and rock L to side (2), recover R (&) □ 06:00

3&4& Cross rock L over R (3), recover R (&), rock L to side (4), recover R (&) □ 06:00

5-6& Cross L over R (5), rock R to side (6), recover L (&) □ 06:00

7&8& Cross rock R over L (7), recover L (&), rock R to side (8), recover L (&) □ 06:00

A[41 – 48] □ Weave L, touch R behind L unwind ½ R, sweep L, cross L, ¼ L syncopated coaster step back R □

- 1&2& Cross R over L (1), step L to side (&), cross R behind L (2), step L to side (&) □ 06:00
3&4& Cross R over L (3), step L to side (&), touch R behind L (4), make a ½ turn R on R (&) □ 12:00
5-6& Sweep L fw. (5), cross L over R (6), turn ¼ L stepping back R (&) □ 09:00
7-8 Step L next to R (7), step fw. R (8) □ 09:00

A[49 – 56] □ Step ½ turn R, step ½ turn R, step ½ turn R, rock fw. L recover R, ½ turn L, step ½ turn L, ¼ L side step R touch L, side step L touch R □

- 1&2& Step fw. L (1), make a ½ turn R stepping down R (&), Step fw. L (2), make a ½ turn R stepping down R (&), □ 09:00
3&4& Step fw. L (3), make a ½ turn R stepping down R (&), rock fw. L (4), recover R (&) □ 03:00
5-6& Make a ½ turn L stepping down L (5), step fw. R (6), make a ½ turn L stepping down L (&) □ 03:00
7&8& Turn ¼ L step R to side (7), touch L next to R (&), step L to side (8), touch R next to L (&) □ 12:00

Part B – 28 counts – 2 wall

B[1 – 8] □ Basic R, basic L, side rock, cross ¼ R back, turn ¼ R and sway, recover L drag R next to L □

- 1-2& Step R to side (1), close L behind R (2), cross R over L (&) □ 12:00
3-4& Step L to side (3), close R behind L (4), cross L over R □ 12:00
5&6& Rock R to side (5), recover L (&), cross R over L (6), turn ¼ R stepping back L (&) □ 03:00
7-8 Turn ¼ R and sway R (7), recover L and drag R next to L (8) □ 06:00

B[9 – 16] □ Basic R, basic L, side rock, cross ¼ R back, turn ¼ R and sway, recover L drag R next to L □

- 1-2& Step R to side (1), close L behind R (2), cross R over L (&) □ 06:00
3-4& Step L to side (3), close R behind L (4), cross L over R □ 06:00
5&6& Rock R to side (5), recover L (&), cross R over L (6), turn ¼ R stepping back L (&) □ 09:00
7-8 Turn ¼ R and sway R (7), recover L and drag R next to L (8) □ 12:00

B[17 – 24] □ Side R, behind side step fw L, step fw. R ½ turn L. rocking chair fw, back, extended lock step fw. R □

- 1-2& Step R to side (1), cross L behind R (2), step R to side (&) □ 12:00
3-4& Step fw. L (3), step fw. R (4), make a ½ turn L stepping down L (&) □ 06:00
5&6& Rock fw. R (5), recover L (&), rock back R (6), recover L (&) □ 06:00
7&8& Step fw. R (7), lock L behind R (&), step fw. R (8), lock L behind R (&) □ 06:00

B[25 – 28] □ Step fw. R and sweep L, syncopated jazz box L □

- 1-2& Step fw. R and sweep L (1), cross L over R (2), step back R (&) □ 06:00
3-4 Step L to side (3), touch R next to L (4) □ 06:00

Tag 1&3: □ □

[1 – 8] □ Figure 8 R □

- 1-2& Step R to side (1), cross L behind R (2), turn ¼ R stepping down R (&)
3-4& Step fw. L (3), make a ½ turn R stepping down R (4), turn ¼ R stepping L to side (&)
5-6& Cross R behind L (5), turn ¼ L stepping down L (6), step fw. R (&)
7-8 Make a ½ turn L stepping down L (7), turn ¼ L on L sweep R and touch R next to L (8)

[9-16] □ Repeat counts 1-8 □

Tag 2: □ □

[1-4] □ Basic R, basic L □

- 1-2& Step R to side (1), close L behind (2), cross R over L (&)
3-4& Step L to side (3), close R behind L (4), cross L over R (&)

Enjoy...:-)

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