# Strength Beyond the Door



Count: 60 Wand: 2 Ebene: Intermediate waltz

Choreograf/in: Donna Manning (USA) & Todd Robishaw (USA) - March 2015

Musik: Better Than You Left Me - Mickey Guyton



## TAG: 24 count Tag after wall 2 facing 12:00

## Sec. 1 (1-6) ☐ Step, Pause, ¼ Turn, Pause

1,2-3 Step L fwrd with L shoulder fwrd extending L arm, pause through counts 2 and 3

4,5-6 during count 4 push off L turning ¼ turn R with R to side (facing 3:00) placing both hands on

chest, pause 5-6 (6:00)

#### Sec.2 (7-12) 1/4 Turn W/ Ronde, Back Twinkle

1, 2-3 push off of R ¼ turn L stepping L fwrd (12:00), sweep R back to front on counts 2-3

4,5,6 Cross R over L, Step L back, Step R to R side

# Sec.3 (13-18) Weave, Side Step, Prep

1,2,3 Cross L over R, R to R side, L behind R

4, 5-6 R to R side, Lean on R leaving L out to side prepping R shoulder back for 5-6

(R arm out to side, L arm out front) (12:00)

# Sec.4 (19-24) ¼, ½, ½, Step, Extend (pause)

1,2,3 ¼ Turn L Stepping L fwrd, ½ Turn L Stepping R back, ½ Turn L Stepping L fwrd (9:00)

4, 5-6 step R across body leaning into a fwrd lunge extending L arm out, pause thru 5-6 (9:00)

## Sec.5 (25-30) 1/2 Fallaway Diamond

1,2,3 Step back on L, Step back on R, 1/8 turn L Step L to side (facing 6:00)

4,5,6 Step R across L, Step L fwrd, 1/8 turn L Step R to R side (facing 3:00)

#### Sec.6 (31-36) 1/2 Fallaway Diamond + 1/4

1,2,3 1/8 turn L Step L back, Step R back, 1/8 turn L Stepping L to L side (12:00)

4,5,6 1/8 turn L Stepping R across L, Step R fwrd, 3/8 turn L Stepping R back (6:00)

# Sec.7 (37-42) ¼ Turn, Cross, ¼ Turn, ¼ Turn, Cross, ¼ Turn

1,2,3 ¼ turn L stepping L to L side, Cross R over L, ¼ turn R stepping back on L (6:00)

4,5,6 ½ turn R stepping R to R side, Cross L over R, ¼ turn L stepping back on R (6:00)

## Sec.8 (43-48) 3/8 Turn, Lift, Back, Side, Cross

1,2,3 3/8 turn L stepping L to 1:30, Lift R pointing toe slight bent knee- pause through count 3

4,5,6 Step R back, Step L to L side (12:00), Cross R over L angling body to 10:30 (12:00 wall)

## Sec.9 (49-54) Step, Lift, Back, 1/8 Turn, Cross

1,2,3 Step L towards 10:30 (12:00 wall), Lift R pointing toe slightly bent knee – pause through

count 3

4,5,6 Step R back, 1/8 turn L stepping L to L side, Cross R over L (9:00)

## Sec.10 (55-60) 1/4 Turn, 1/2 Turn, 1/2 Turn, Step, 1/2 Turn, 1/2 Turn

(6:00)

4,5,6 Step R fwrd, ½ Turn R stepping L back, ½ Turn R stepping R close to L

#### EOD!!!

Sec.1 (1-6)□ Step, Lift, Back, ½ Turn, Step	
1,2,3	Step L fwrd, Lift R, pause through count 3
4,5,6	Step R back, ½ turn L stepping L fwrd, step R to diagonal 7:30 (6:00)
Sec.2 (7-12) Cross, Side Rock, Recover, Cross, side Rock, Recover	
1,2,3	Cross L over R, Side rock R to R side, Recover weight to L
4,5,6	Cross R over L, side rock L to L side, recover weight to R (6:00)
Sec.3 (13-18) ½ Turn Balance, Back Balance	
1,2,3	Step L fwrd – as you are making $\frac{1}{2}$ turn L on the ball of L change weight to R, change weight to L
4,5,6	Step R back, close L to R, change weight to R
Sec.4 (19-24) ½ Turn Balance, Back, ¼ Turn, Cross	
1,2,3	Step L fwrd – as you are making $\frac{1}{2}$ turn L on the ball of L change weight to L
4,5,6	Step R back, ¼ turn L stepping L to L side, Cross R over L (3:00)