

Beat It

Count: 64

Wand: 2

Ebene: Phrased Intermediate

Choreograf/in: Zhuqing Yu (CN) - March 2015

Musik: Beat It - Michael Jackson



Intro: 32 counts - Info: A,A,B,Tag,A,A,B,B,A,A,A,A,B,B,B,B

PART A(32 counts):

A(1-8) Behind, Walk forward, Point, Jump apart

&1 2 3 4 Step L behind R(&), Walk forward R, L(1,2) , Step R forward(3), Point L to L side (4)
5 6 7 8 Step L forward(5), Point R to R side(6),Step R beside to L(Step R in front L a bit)(7), Jump Apart(Step R diagonal R, face to 11:00)(8)

A(9-16) 1/4 Turn R, Recover weight, 1/2 Turn L, Long Step forward, Touch

1 2 3 4 Step R in place(1), 1/4 Turn R stepping L to L side(2)(3:00) , Recover weight on R(3),1/4 turn L stepping L forward(4)
5 6 7 8 1/4 turn L stepping R to R(5), Step L to L(6)(9:00) , Long Step R forward(7), Touch L beside R(8)(9:00)

A(17-24) Point , Touch, Hold, Together, Touch, 1/4 turn L, Touch

1 2 3 Point L to L(1), Touch L beside R(2),Step L to L(3)
4&5 Hold(4), Step R together(&), Step L to L(5)
6 7 8 Touch R beside L(6), 1/4 turn L stepping R to R(7) , Touch L beside R(8)(6:00)

A(25-32) Side touch, Counter-clockwise turn

1 2 3 4 Step L to L(1), Touch R beside L(2), Step R to R(3), Touch L beside R(4)
5 6 7 8 1/4 turn L stepping L forward(1)(3:00), 1/4 turn L stepping R to R(2)(12:00), 1/2 turn L stepping L to L(3)(6:00), Touch R beside L(4)

Part B (32 counts)

B(1-8) Kick forward X2

1 2 3 4 Kick R forward(1) , Step R down(2), Kick L forward(3), Step L down(4)
5 6 7 8 Kick R forward(5) , Step R down(6), Kick L forward(7), Step L down(8)

B(9-16) Put up arm, Point, Rock, Recover, bump hips

1 2 3 4 Put up R arm , Shake body to the left (1), Put down R arm and Put up L arm, Shake body to the left (2), Put up R arm and point R to R (3), Put down R arm and Put L arm, close R together(&),Put up L arm and point L to L(4)
5 6 7 8 Rock L to L(5), Recover weight on R bumping hip to L(6),Hold(&), Rock L to L(7), Recover weight on R bumping hip to L(8)

B(17-24) Cross, Together, Unwind full turn left, Walk

&1 2 3 4 Cross L behind R(&),Recover weight on R ,Close both feet together (1) , , Unwind full turn left(weight on L)(2), Walk forward R,L(3,4)(6:00)
&5 6 7 8 Cross L behind R(&),Recover weight on R ,Close both feet together (5) , , Unwind full turn left(weight on L)(6), Step R forward (7), Step L beside R(8)(12:00)

B(25-32) Side , Touch, Clockwise turn

1 2 3 4 Step R to R(1), Touch L beside R(2), Step L to L(3), Touch R beside L(4)
5 6 7 8 turn R , make full turn

Tag: (16 counts) :After wall 1 in part B, Add a Tag.

(1-8) Weave Step, Touch

1 2 3 4 Step L to L(1), Cross R behind L(2), Step L to L(3), Touch R beside L (4)

5 6 7 8 Step R forward(5), Touch L behind R(6), Step L back(7), Touch R front of L(8)

(9-16) Weave Step, Touch

1 2 3 4 Step R to R(1), Cross L behind R(2), Step R to R(3), Touch L beside R (4)

5 6 7 8 Step L forward(5), Touch R behind L(6), Step R back(7), Touch L front of R(8)

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