

Have A Yule That's Cool (耶誕快樂)

(zh)

COPPER KNOB
STEPSHEETS

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Alison Metelnick (UK) - 2006年12月

Musik: Cool Yule - Bet Midler : (CD: Cool Yule)



前奏 : Start on vocals 唱歌起跳

第一段 Toe struts R & L, R kick, R coaster step 右趾踵, 左趾踵, 踢, 海岸步

1-4 Touch right toes forward, drop heel to the floor, touch left toes forward, drop heel to the floor
右足趾前點, 右足踵踏, 左足趾前點, 左足踵踏

5 Kick right foot forward 右足前踢

6-7 Step right back, step left next to right, step right forward
右足後踏, 左足併踏, 右足前踏

8 Hold 候

第二段 Toe struts L & R, L kick, L coaster step 左趾踵, 右趾踵, 踢, 海岸步

1-4 Touch left toes forward, drop heel to the floor, touch right toes forward, drop heel to the floor
左足趾前點, 左足踵踏, 右足趾前點, 右足踵踏

5 Kick left foot forward 左足前踢

6-7 Step left back, step right next to left, step left forward
左足後踏, 右足併踏, 左足前踏

8 Hold 候

第三段 Toe strutting R jazz box with clicks 趾踵爵士方塊帶彈指

1-2 Touch right toes forward and slightly to the left, drop heel to the floor clicking fingers! 右足趾略向左前點, 右足踵踏(彈指)

3-4 Touch left toes back, drop heel to the floor clicking fingers!
左足趾後點, 左足踵踏(彈指)

5-6 Touch right toes to right side, drop heel to the floor clicking fingers!
右足趾右點, 右足踵踏(彈指)

7-8 Touch left toes forward, drop heel to the floor clicking fingers!
左足趾前點, 左足踵踏(彈指)

第四段 Step R Fwd, 1/2 pivot L, step R fwd clapping hands & repeat starting with the left foot 踏轉踏拍手, 踏轉踏拍手

1-2 Step right forward, 1/2 pivot left
右足前踏, 左軸轉180度

3-4 Step right forward, clap hands!
右足前踏, 拍手

5-6 Step left forward, 1/2 pivot right
左足前踏, 右軸轉180度

7-8 Step left forward, clap hands!
左足前踏, 拍手

第五段 4 step weave R, R side rock recover & hold 藤步, 曼波交叉 候

- 1-2 Step right to right side, cross step left behind right
右足右踏, 左足於右足後交叉踏
- 3-4 Step right to right side, cross step left over right
右足右踏, 左足於右足前交叉踏
- 5-6 Rock step right to right side, recover weight on left
右足右下沉, 左足回復
- 7-8 Cross step right over left & hold
右足於左足前交叉踏, 候

第六段 1/4 turning L 3 step weave, hold, step R fwd, 1/2 pivot turn L, step R fwd & hold 三步轉1/4藤步 候, 踏轉 踏 候

- 1-2 Step left to left side, cross step right behind left
左足左踏, 右足於左足後交叉踏
- 3-4 Turning 1/4 left step left forward & hold
左轉90度左足前踏, 候
- 5-6 Step right forward, 1/2 pivot turn left
右足前踏, 左軸轉180度
- 7-8 Step right forward and hold 右足前踏, 候

**第七段 L & R step touches fwd and back turning 1/2 L
左踏 點, 右踏 1/4點, 左踏 點, 右踏 1/4點**

- 1-2 Step left forward to the left diagonal, touch step right next to left
左足左斜角前踏, 右足併點
- 3-4 Step right back to the right diagonal, turning 1/4 left touch left next to right 右足右斜角後踏, 左轉90度左足併點
- 5-6 Step left forward to the left diagonal, touch step right next to left
左足左斜角前踏, 右足併點
- 7-8 Step right back to the right diagonal, turning 1/4 left touch left next to right 右足右斜角後踏, 左轉90度左足併點

Optional: clicking of fingers on the touches as you are turning!
左轉90度併點時做彈指動作

**第八段 Left rumba box step turning 1/4 left
倫巴方塊, 左轉1/4**

- 1-2 Step left to left side, step right next to left
左足左踏, 右足併踏
- 3-4 Step left forward, hold 左足前踏, 候
- 5-6 Step right to right side, step left next to right
右足右踏, 左足併踏
- 7-8 Step right back, turning 1/4 left step left forward
右足後踏, 左轉90度左足前踏

*At the END of wall 3 change counts 63-64 to: **Step right back, hold**
將第三面牆快結束的最後兩拍(7-8)換成: 右足後踏, 候

THEN add on Counts 49-64 as written and you will re-start the dance again facing front wall. 然後從第七段開始起跳, 跳完第七段及第八段會面向前面牆, 再從頭起跳
