I'm Ready For This



Count: 64 Wand: 2 Ebene: Intermediate

Choreograf/in: Esmeralda van de Pol (NL) - February 2015

Musik: Hold My Hand - Jess Glynne



Intro: 8 counts

1-2

3&4

5-6

7&8

Intro: 8 counts	
S1: FWD ROCK & STEP 1/2 TURN L, 1/2 TURN L, L COASTER STEP	
1-2&	Rock LF fwd, Recover on RF, Step LF next to RF
3-4	Step RF fwd, 1/2 turn L-weight on LF□ [06.00]
5-6	Step on Ball RF fwd, 1/2 turn L-weight on R□ [12.00]
7&8	Step LF back, Step RF next to LF, Step LF fwd
S2: CROSS ROCK FWD, CHASSE R, 1/2 TURN R SIDE ROCK, CROSS SHUFFLE	
1-2	Rock RF across LF, Recover on LF
3&4	Step RF to R side, Step LF next to RF, Step RF to R side [12.00]
5-6	1/2 turn R-Rock LF to L side, Recover on RF□ [06.00]
7&8	Cross LF over RF, Step RF to R side, Cross LF over RF
(option count 3&4 Tripple full turn, traveling to the right)	
•	AG & CROSS, SIDE, R SAILOR STEP, L COASTERSTEP 1/4 TURN L
1-2	Step RF to R side, Drag LF to RF
&3-4	Step LF next to RF, Cross RF over LF, Step LF to L side
5&6	Step RF behind LF, Step LF to L side, Step RF to R side
7&8	1/4 turn L-step LF back, Step RF next to LF, Step LF fwd□ [03.00]
S4: STEP FWD, POINT, KICK & POINT, CROSS, 3/4 TURN L, ROCK BACK	
1-2	Step RF fwd, Point LF to L side
3&4	Kick LF fwd, Step LF next to RF, Point RF to R side
5-6	Cross RF over LF, 3/4 turn L-weight on RF□ [06.00]
7-8	Rock back on LF, Recover on RF
***Restart here in the 2nd and 5th wall	
S5: WALK FWD, KICK-BALL-STEP, SWIVEL 1/2 TURN L , COASTER STEP	
1-2	Walk fwd LF, RF
3&4	Kick LF fwd, Step LF next to RF, Step RF fwd
5&6	Swivel heels R making 1/4 turn L, heels to center, Swivel heels R making 1/4 turn left 12.0
7&8	Step LF back, Step RF next to LF, Step LF fwd
S6: CROSS, 1/4 TURN R, SHUFFLE 1/2 TURN R, FWD ROCK, RECOVER & BACK, POINT	
1-2	Cross RF over LF, 1/4 turn R-step LF back□ [06.00]
3&4	1/4 turn R-step RF fwd, Step LF next to RF, 1/4 turn R Step RF fwd□ [09.00]
5-6	Rock LF fwd, Recover on RF
&7-8	Step LF slightly back, Step RF back, Point LF to L side
S7: CROSS, SIDE, BEHIND, 1/4 TURN R, STEP FWD , FWD ROCK, SHUFFLE BACK	

S8: STEP BACK, TOGETHER, SHUFFLE FWD, PIVOT 1/2 TURN L, SHUFFLE FWD

Step RF back, Step LF next to RF, Step RF back

Cross LF behind RF, 1/4 turn R-step fwd, Step LF fwd□ [12.00]

1-2 Step LF back, Step RF next to LF□[12.00]

Rock RF fwd, Recover on LF

Cross LF over RF, Step RF to R side,

3&4 Step LF fwd, Step RF next to LF, Step LF fwd□[12.00]

5-6 Step RF fwd, 1/2 turn L-weight on LF□[06.00] 7&8 Step RF fwd, Step LF next to RF, Step RF fwd

Restart: 2nd and 5th wall after 32 counts.

Enjoy..

Contact: www.esmeralda-dancers.com / info@esmeralda-dancers.com / Tel: 00316-38263580