# Eat Sleep Love



Count: 32 Wand: 2 Ebene: Beginner

Choreograf/in: Karen Tripp (CAN) - February 2015

Musik: Eat Sleep Love You Repeat - Rodney Atkins : (Album: Eat Sleep Love You

Repeat)



#### Wait 16 counts

### ROCK FORWARD (RIGHT), RECOVER, 1/4 RIGHT SIDE SHUFFLE (3:00)

1-2 Rock forward right, recover to left

3&4 Turn ½ right and shuffle to the side right, left, right (3:00)

## 1/4 RIGHT AND SIDE ROCK (LEFT), RECOVER, FORWARD SHUFFLE (6:00)

5-6 Turn ¼ right and rock side on left, recover to right (6:00)

7&8 Shuffle forward left, right, left

## (RIGHT) DIAGONAL VINE 2, (RIGHT) TRIPLE - REPEAT ALL WITH LEFT

9-10 Step right slightly diagonal forward, cross left behind

11&12 Triple in place right, left, right

13-14 Step left slightly diagonal forward, cross right behind

15&16 Triple in place left, right left

#### **2 ROCKING CHAIRS**

17-20 Rock forward right, recover to left, rock back on right, recover to left

21-24 Repeat steps 17-20

#### ROCK SIDE RIGHT, RECOVER, CROSSING SHUFFLE, - REPEAT ALL WITH LEFT

25-26 Rock right to side, recover to left

27&28 Cross right over left, step left, cross right over left

29-30 Rock left to side, recover to right

31&32 Cross left over right, step right, cross left over right

Ending: Facing 12:00 after 16 counts

Choreographer: Karen Tripp, Cranbrook, BC, Canada

Email: karen@trippcentral.ca - Website: www.trippcentral.ca/dance□