

# Rock A Billy Rock (搖滾比利) (zh)

COPPER KNOB  
STEPPERS

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Francien Sittrop (NL) - 2009年10月

Musik: Rock a Billy - Guy Mitchell : (2:14)



前奏 : Intro: Start after 16 counts on Vocals

## 第一段 Toe Struts x2, ¼ R with Lockstep, Scuff 趾踵步二次, 右1/4帶鎖步, 擦踢

- 1-2 趾 踵 Step on R toe to R side , Drop Heel  
右足趾右點, 右足踵踏
- 3-4 趾 踵 Step on L toe across R , Drop Heel  
左足趾於右足前交叉點, 左足踵踏
- 5-6 ½ Turn R step R fwd, Lock L behind R (3.00)  
右90 後鎖 右轉90度右足前踏, 左足於右足後鎖踏(面向3點鐘)  
步  
擦踢 Step R fwd, Scuff L fwd  
7-8 右足前踏, 左足前擦踢

## 第二段 Rocking Chair, Rock, ¼ Recover, Cross, Hold 搖椅步, 下沉, 1/4回復, 交叉, 候

- 1-2 Rocking Rock on L heel fwd, Recover on R  
chair 左足踵前下沉, 右足回復
- 3-4 Rock L back, Recover on R  
左足後下沉, 右足回復
- 5-6 Rock L fwd, ¼ Turn R (6.00)  
前下沉 左足前下沉, 右轉90度(面向6點鐘)  
右90
- 7-8 Step L across R, Hold  
交叉 停 左足於右足前交叉踏, 候

## 第三段 Dwight Swivels with Kick, Behind, Side, Cross, Hold 趾踵轉帶踢, 後, 側, 交叉, 候

- 1-2 點 點 Swivel L Heel R touching R Toe Beside L, Swivel L Toe R Touching L heel Diag fwd  
左足踵旋轉右足趾併點, 左足趾旋轉右足於左足踵斜前點
- 3-4 點 踢 Swivel L Heel R touching R Toe Beside L, Kick R fwd  
左足踵旋轉右足趾併點, 右足前踢
- 5-6 後 旁 Step R behind L , Step L to L side  
右足於左足後踏, 左足左踏
- 7-8 前 停 Step R across L , Hold  
右足於左足前交叉踏, 候

## 第四段 Rock, ¼ Turn R, Stomp, Stomp, Knee Pops (or Hip Bumps) 下沉, 右1/4, 重踏, 重踏, 膝彈(或推臀)

- 1-2 Rock L to L side, ¼ Turn R (9.00)  
左下沉 左足左下沉, 右轉90度右足回復(面向9點鐘)  
右90
- 3-4 Stomp L fwd, Stomp R next to L (15 cm from each other)  
重踏 重踏 左足前重踏, 右足併重踏(雙足分開15公分)

5-8 膝彈 Knee Pops (listen to the music for the Knee Pops. During The Odd walls 2 Knee Pops and the Even walls 4 Knee Pops)  
膝彈(配合音樂節拍, 單數面牆時做兩次, 偶數面牆時做四次)  
Option for knee pops: Hip bumps 膝彈可換成推臀

**TAG:** AFTER Wall 3 & 5 & 7 第三,五,七面牆結束時加16拍

**Monterey's (½ Turn) 蒙特瑞轉**

1-2 點 Touch R to R side, ¼ Turn R step R next to L  
右90 右足右點, 右轉90度右足併踏  
3-4 點 併 Touch L to L side, Step L next to R  
左足左點, 左足併踏  
5-8 重覆 Same as count 1 – 4 重覆第1-4拍

**Monterey's (½ Turn), Stomp, Hold  
蒙特瑞轉, 重踏, 候**

1-2 點 Touch R to R side, ¼ Turn R step R next to L  
右90 右足右點, 右轉90度右足併踏  
3-4 點 併 Touch L to L side, Step L next to R  
左足左點, 左足併踏  
5-6 點 Touch R to R side, ¼ Turn R stomp R next to L  
右90 右足右點, 右轉90度右足併重踏  
7-8 重踏 Stomp L , Hold (weight ends on L)  
停 左足重踏, 候(重心在左足)

**Ending:** Last wall is on the 6.00 wall. Start with the 2 toe struts , then ¼ R with R stomp, ¼ R with L stomp  
結束 : 面向6點鐘, 趾踵步二次, 右轉90度右足重踏, 右轉90度左足重踏

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