

# Once In A Lifetime - B

**COPPER** **KNOB**  
BY SHEETS

**Count:** 32

**Wand:** 4

**Ebene:** Absolute Beginner

**Choreograf/in:** Anna Korsgaard (DK) & Kirsthen Hansen (DK) - January 2015

**Musik:** Once in a Lifetime - Heartbeat : (Album: Once In A Lifetime - 2014)



**Intro: 16 count - No Tags! No Restarts!**

## **Sec.: 1. Right Rumba Box**

1 - 4 Step Right to Right side, Step Left beside Right, Step Right forward, hold.  
5 - 8 Step Left to Left side, Step Right beside Left, step Left back, hold.

## **Sec.: 2. Right Slow Chassé ¼ turn, Walk forward x 3**

1 - 4 Step Right to Right side, Step Left beside Right, Step Right forward making a ¼ turn, hold.  
5 - 8 Walk forward Left, Right, Left, Hold.

## **Sec.: 3. Rock Forward, Walk Back,**

1 - 4 Rock forward on Right, recover onto Left, step back on Right, hold.  
5 - 8 Walk Back Left, Right, Left, hold.

## **Sec.: 4. Right Side Touch x 2, Sway x 4**

1 - 2 Step Right to Right side, touch Left next to Right .  
3 - 4 Step Left to Left side, touch Right next to Left.  
5 - 8 Step Right to Right Side, Sway Right, Left, Right, Left.

**Ending: 9 o'clock Wall 12 after Side Touches (28 count) make ¼ Right by stepping Right forward.**

**Enjoy and have Fun**

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