Can I Get A Moment



Count: 32 Wand: 4 Ebene: Beginner Plus

Choreograf/in: Annemaree Sleeth (AUS) - January 2015

Musik: Can I Get a Moment? - Jessica Mauboy



#16 Count intro – Start on 1 beat before Vocals 16 secs in approx.)

Section 1 [1-8] FACING DIAGONALS STEP, LOCK/SLIDE, STEP, HITCH, FACING DIAGONALS STEP, LOCK/SLIDE, STEP, SCUFF

1 – 2	Step R diagonal forward	lock/slide L behind R,	(bending both knees)

3 – 4 Step R diagonally forward, hitch L foot and clap

5 – 6 Step L diagonal forward, lock/slide R behind L,(bending both knees)

7 – 8 Step L diagonally forward, scuff R foot over L

Section 2 [9-16] JAZZ BOX CROSS, 1/4 BACK SIDE, CROSS, SIDE

1 – 2 Cross R over Left, Step R back, 3 – 4 Step L side, cross L over R

5 – 6 Turn 1/4 R Step R back, (9.00) step L side

7 – 8 Cross R over L ,step L side

Section 3 [17-24] STEP, TOGETHER, HIP BUMPS (danced sharply)

1 - 2 Big step R side , step L together
3 & 4& Bumping hips L, R ,L, R (weight R).
5-6 Big step L side , step R together

7 & 8& Bumping hips, R, L, R, L (weight L). add sharp arms and shoulders movements

SECTION 4[25 – 32] V STEP, SHUFFLE FORWARD X 2

1 – 2	Step R out To R diagonal, Step L out to L	diagonal

3 – 4 Step R back, step L beside R

5&6 Step R forward, step L together, step R forward

7&8 Step L forward, step R together, step L forward& 5 Jump R forward, jump L forward,

for harder Option 1 on last 4 counts

& 5	Jump R forward Jump L forward
& 6	Jump R back, jump L back ,
& 7	Jump R forward, jump L forward
& 8	Jump R forward, jump L forward

for harder option 2

SECTION 4[25 – 32]SYNCOPATED V STEP, JUMPS FORWARD, JUMPS BACK, JUMPS FORWARD, JUMPS FORWARD

& 1 – 2	Jump R out To R diagonal, jump L out to L diagonal
&3 – 4	Jump R back, jump L beside R
& 5	Jump R forward, jump L forward,
& 6	Jump R back, jump L back ,
& 7	Jump R forward, jump L forward
& 8	Jump R forward, jump L forward

To Finish Facing Front - Dance First 16 counts and Step R forward and pose!

Contact: Email inlinedancing@gmail.com

