

2 Happy (太開心了) (zh)

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Ingrid Kan (TW) - 2010年04月

Musik: Happy Hour - Cheryl



前奏 : Count in: 32 counts. On Vocals 32拍後唱歌起跳

第一段 R Side Step, L Together R Shuffle forward, L Side Step R Together, L Shuffle forward 右踏 併踏 前交換, 左踏 併踏 前交換

1-2 R Side Step to the right, L Step Together next to R
右足右踏, 左足併踏

3&4 Right Shuffle Forward 右足前交換

5-6 L Side Step to the left, R Step Together next to L
左足左踏, 右足併踏

7&8 Left Shuffle Forward 左足前交換

**第二段 R Rock L Rec., Back Walkx2 R-L, Side Rock, Replace, Side Rock
下沉 回復, 後走 後走, 右下沉 回復, 併踏, 左下沉 回復**

1-2 Rock Forward on right, recover back on left 右足前下沉, 左足回復

3-4 Back Walk R-L 右足後走, 左足後走

5-6& Rock right to side, recover on left, step right together
右足右下沉, 左足回復, 右足併踏

7-8 Rock left to side, recover on right 左足左下沉, 右足回復

第三段 L Sailor Step Turn L1/4 ,R Keep Ball L Touch To L, L Knee Pop L Touch, Hitch 1/4轉水手, 踢 併點, 膝彈 候, 併點, 抬

1&2 Cross step L behind R, step R side, step L fwd
左足於右足後交叉踏, 左轉90度右足右踏, 左足前踏(面向9點鐘)

3&4 Kick R fwd, step R beside L, touch L to L side
右足前踢, 右足併踏, 左足左點

5-6 Pop Left knee forward. Hold 左膝前彈, 候

7-8 L touch next to R, L Hitch 左足併點, 左足抬

第四段 Paddle 1/4 Turn Right x2 , L Step Forward, Whilst Bouncing Heels To The Right 右1/4划槳步二次, 踏 踵彈四次

1-2 LF 1/4 turn left, lift L.knee LF Touch to left side
左轉90度, 抬左膝左足左點

3-4 LF 1/4 turn left, lift L.knee LF Touch to left side
左轉90度, 抬左膝左足左點(面向3點鐘)

&5 L Step Forward lift heels, lower heels and turn 1/8 to the right
左足前踏抬雙踵, 右轉45度雙踵踏

6-8 repeat "5" 3 times and shift weight to the LF (9:00)
重覆右轉45度雙踵踏重心在左足(面向9點鐘)