

In The Chamber

Count: 64

Wand: 4

Ebene: Phrased Novice

Choreograf/in: Evelyne Sterckendries (BEL) - November 2014

Musik: The Chamber - Lenny Kravitz : (Album: Strut)



Type : Phrased, A-32 counts, B-32 counts, Non-Country

Sequence : A-B-B-B-A*-B-B-B-B-A-A-B-B-B-A-A-A

Introduction : 32 counts

-A- 32 counts

[1-8] Diagonal R Shuffle , Diagonal L Shuffle, L Vaudeville , R Vaudeville

1&2 1/8 turn R, RF diagonally forward, LF next to R, RF diagonally forward (01:30)

3&4 1/4 turn L, LF diagonally forward, RF next to L, LF diagonally forward (10:30)

5&6 Cross RF front LF, LF step L, R Heel on R diagonal

&7&8 RF step R, Cross LF front RF, RF step R, L Heel on L diagonal

[9-16] Shuffle 1/2 turn L, Shuffle 1/2 turn L, L Sailor step , R Heel grind , 1/4 Turn R, Step L together

1&2 1/4 turn L, LF step L, RF next to R, 1/4 turn L, LF step forward (06:00)

3&4 1/4 turn L, RF step R, LF next to R, 1/4 turn L, RF backwards (12:00)

5&6 LF cross behind RF, RF step R, LF step L

7-8 R Heel grind forward, 1/4 turn R, LF step L (03:00)

[17-24] Chassé R, Syncopated Weave R, Rock Side R Recover, Syncopated Weave L

1&2 RF step R, LF together, RF step R

3&4 LF behind RF, RF step R, LF cross front RF

5-6 RF side R, recover on LF

7&8 RF behind LF, LF step L, RF cross front LF

[25-32] Chassé L, Syncopated Weave L, Rock Side L Recover, Syncopated Weave R with 1/4 turn R, cross L

1&2 LF step L, RF together, LF step L

3&4 RF behind LF, LF step L, RF cross front LF

5-6 LF side L, recover on RF

7&8 LF behind RF, 1/4 turn R, RF step forward, LF cross front RF (06:00)

-B- 32 counts

[1-8] Chassé R, Rock Back L Recover, Chassé L, Rock Back R Recover

1&2 RF step R, LF together, RF step R (06:00)

3-4 LF back, recover on RF

5&6 LF step L, RF together, LF step L

7-8 RF back, recover on LF

[9-16] Kick ball step R x2, Step R, turn 1/4 L, Shuffle R forward

1&2 Kick RF diagonally forward, RF together, LF step forward

3&4 Kick RF diagonally forward, RF together, LF step forward

5-6 RF side step, 1/4 turn L, LF step forward (03:00)

7&8 RF step forward, LF next to R, RF step forward

[17-24] Rock L forward, Recover, Coaster step, Step turn 1/2 L, Shuffle R forward

1-2 LF step forward, recover on RF

3&4 LF backwards, RF together, LF forward

5-6 RF step forward, 1/2 turn L (09:00)

7&8 RF step forward, LF next to R, RF step forward

[25-32] Rock L forward, Recover, Sailor step L, Sailor step R, L Touch back , Turn ½ L on R feet.

1-2 LF step forward, recover on RF

3&4 LF cross behind RF, RF step R, LF step L

5&6 RF cross behind LF, LF step L, RF step R

7-8 LF touch back, 1/2 turn L on RF, weight ends on LF (03:00)

- A* : Restart : On wall 5 (12:00) and after 16 counts of part A

- Bridge : At the end of wall 10 (06:00) : Spiral Turn R : 1-2-3-4 : Full Turn on R with weight on LF (ends RF in front of LF)

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