One Hell Of A Ball

Ebene: Beginner

Choreograf/in: Ivonne Verhagen (NL) - December 2014

Musik: One Hell of a Ball - Simon Burridge

Wand: 4

Count: 32

KICK FORWARD, KICK SIDE, TRIPLE STEP, KICK FORWARD, KICK SIDE, TRIPLE STEP

- 1,2 RF kick forward, RF kick side,
- 3&4 RF step in place, LF step in place, RF step in place
- 5,6 LF kick forward, LF kick side,
- 7&8 LF step in place, RF step in place, LF step in place

KICK BALL CHANGE, KICK BALL CHANGE, ROCK STEP, STEP IN PLACE, STEP IN PLACE

- 1&2 RF kick forward, RF step RF in place, LF step in place
- 3&4 RF kick forward, RF step RF in place, LF step in place
- 5-6 RF rock forward, LF weight back on LF
- 7-8 RF step in place, LF step in place

SIDE ROCK STEP, TRIPLE IN PLACE, SIDE ROCK STEP, TRIPLE IN PLACE

- 1-2 RF rock side, weight back on LF
- 3&4 RF step in place, LF step in place, RF step in place
- 5-6 LF rock side, weight back on RF
- 7&8 LF step in place, RF step in place, LF step in place

PADDLE 1/8, PADDLE 1/8, JAZZ BOX

- 1-2 RF step forward, 1/8 turn left
- 3-4 RF step forward, 1/8 turn left
- 5-6 RF cross over LF, LF step back
- 7-8 RF step side, LF step close to RF

Have fun!!

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