

Fly Baby Blue (走出憂鬱飛向藍天) (zh)

COPPER KNOB
STEPSHETS

Count: 32

Wand: 2

Ebene: Beginner

Choreograf/in: Audrey Watson (SCO) - 2009年10月

Musik: Baby Blue - Mark Medlock



前奏 : Start Dance: 56 Count Intro 56拍後起跳

第一段 Side, Cross, Touch, ¼ Turn Flick, ¼ Turn Together, Chasse.
側, 交叉, 點, 1/4抬, 1/4併, 追步

1-2 Step right to right side, cross left over right.
右足右踏, 左足於右足前交叉踏

3-4 Touch right toe to right side, turn ¼ left flick right foot out to right side. 右足趾右點, 左轉90度右足右抬

5-6 Turn ¼ left stepping right to right side, close left next right.
左轉90度右足右踏, 左足併踏

7&8 Step right to right side, close left next right, step right to right side. 右足右踏, 左足併踏, 右足右踏

第二段 Cross Rock, Chasse ¼ Turn, Cross Side Rock X2
交叉下沉, 追步轉1/4, 交叉側下沉二次

1-2 Cross rock left over right, recover back on right.
左足於右足前交叉下沉, 右足回復

3&4 Step left to left side, close right next left, turn ¼ left stepping fwd on left. 左足左踏, 右足併踏, 左轉90度
左足前踏

5&6 Cross right over left, rock left to left side, recover weight on right. (You will travel fwd)
右足於左足前交叉踏, 左足左下沉, 右足回復(動作移向前)

7&8 Cross left over right, rock right to right side, recover weight on left (You will travel fwd)
左足於右足前交叉踏, 右足右下沉, 左足回復(動作移向前)

第三段 Cross Back, ½ Turn Shuffle, ½ Turn Back Hold, Back Rock.
交叉後, 轉交換, 1/2後候, 後下沉

1-2 Cross right over left, step back on left.
右足於左足前交叉踏, 左足後踏

3&4 Turn ½ turn right shuffle fwd on right, left, right.
右180度轉交換-右, 左, 右

5-6 Turn ½ turn right stepping back on left, hold for a beat.
右轉180度左足後踏, 候

7-8 Rock back on right, recover fwd on left.
右足後下沉, 左足回復

第四段 Step Point, Step Point, Cross, Back, ¼ Turn, Cross.
踏點, 踏點, 交叉, 後, 1/4, 交叉

1-2 Step fwd on right, point left toe to left side.
右足前踏, 左足趾左點

3-4 Step fwd on left, point right toe to right side.
左足前踏, 右足趾右點

5-6 Cross right over left, step back on left.
右足於左足前交叉踏, 左足後踏

7-8 Turn ¼ right stepping right to right side, cross left over right.
右轉90度右足右踏, 左足於右足前交叉踏

8 Count TAG: END of Wall 3 & 8 第三面牆及第八面牆結束時加8拍

Side Touch X2, Rocking Chair 側點二次, 搖椅步

- 1-2 Step right to right side, touch left next right.
右足右踏, 左足併點
- 3-4 Step left to left side, touch right next left.
左足左踏, 右足併點
- 5-6 Rock fwd on right, recover back on left.
右足前下沉, 左足回復
- 7-8 Rock back on right, recover fwd on left.
右足後下沉, 左足回復

4 Count TAG: END of Walls 5 & 10 第五面牆及第十面牆結束時加4拍

Side Touch X2 側點二次

- 1-2 Step right to right side, touch left next right.
右足右踏, 左足併點
- 3-4 Step left to left side, touch right next left.
左足左踏, 右足併點
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