

# Feel Good Rumba (感動倫巴) (zh)

COPPER KNOB  
BY STEPSHEETS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Frank Trace (USA)

Musik: She Gets That Way - Kenny Chesney



- 
- 第一段**     **Side, Together, Side, Hold, Cross Rock, Recover, Step 1/4 Turn Left, Hold** 側 併 側 候 交叉下沉  
回復 踏左轉1/4 候
- 1-4     Step Right To Right Side, Step Left Next To Right, Step Right To Right Side, Hold 右足右踏, 左足  
併踏, 右足右踏, 候
- 5-8     Cross Rock Left Over Right, Recover Onto Right, Step Left 1/4 Turn Left, Hold (9:00)  
左足於右足前交叉下沉, 右足回復, 左轉90度左足踏, 候(9點鐘)
- 第二段**     **Rumba Box 倫巴方塊**
- 1-4     Step Right To Right Side, Step Left Next To Right, Step Right Forward, Hold 右足右踏, 左足併踏,  
右足前踏, 候
- 5-8     Step Left To Left Side, Step Right Next To Left, Step Left Back, Hold 左足左踏, 右足併踏, 左足後  
踏, 候
- 第三段**     **Sway, 1/4 Turn Right, Hold, Step, 1/2 Turn Right, Step, Hold**  
擺臀, 右轉90度, 候, 踏, 右轉180度, 踏, 候
- 1-4     Rock Right To Right Side, Recover Onto Left, Turning 1/4 Right Step Right Forward, Hold (12:00)  
  
右足右下沉, 左足回復, 右轉90度右足前踏, 候(12點鐘)
- 5-8     Step Left Forward, Pivot 1/2 Turn To Right, Step Left Forward, Hold (6:00) 左足前踏, 右轉180度,  
左足前踏, 候(6點鐘)
- 第四段**     **Step, 1/4 Turn Left, Step Across, Hold, Side, Together, Step Forward, Hold** 踏, 左轉90度, 踏交叉,  
候, 側, 併, 前踏, 候
- 1-4     Step Right Forward, Pivot 1/4 Turn Left, Step Right Over Left, Hold (3:00) 右足前踏, 左轉90度, 右  
足於左足前交叉踏, 候(3點鐘)
- 5-8     Step Left To Left Side, Step Right Next To Left, Step Left Forward, Hold 左足左踏, 右足併踏, 左  
足前踏, 候
-