No Pleasin' - You!

Count: 32

Ebene: High Beginner

Choreograf/in: Annemaree Sleeth (AUS) - November 2014

Musik: No Pleasin' - Boom! Bap! Pow! : (Single - iTunes)

Note to instructors. You will hear what seems like another Tag on wall 6 facing 9.00. I have chosen to ignore it, and the dance finishes now finishes at front For Intro Have fun with steps prissvs forward and back #32 beats .(CW) Ideas Prissys forward and back make a pose on the chika bit SECTION 1: R SHUFFLE, BACK, RECOVER, SIDE DIAGONAL TOUCHES 1&2 Flick R foot Step R side, step L beside R, step R side - Right Shuffle, 3 – 4 R Step back L, recover R, 5 - 6Step L side dip down as step L side, touch on diag R (snap fingers) angle body on touches 7 – 8 Step on R side bending knees touch L diag L Option : Angle arms across body on side diag touches) as in video SECTION 2: SHUFFLE BACK RECOVER SIDE TOUCHES ACROSS 1&2 Step left side, step R together, step L side - Left Shuffle, 7 – 8 R Step back R, recover L, 7 – 8 Step R side bending knees and dipping down, touch L to L diag 7 – 8 Step L side bending knees and dipping down, touch R diag or forward SECTION 3: PRISSYS, ROCKING CHAIR 1 - 2Cross R forward, cross L forward (twisting feet as you move and arms moving out to the sides) 3 - 4Cross R forward cross L forward 5 - 6Step R forward, recover L, 7 – 8 Rock R back, recover L SECTION 4: JAZZ BOX CROSS 1/4 R . DOUBLE HIPS

- 1 2Cross R over L, Turn ¼ R Step L back
- 3 4Step R side, cross L over R
- 5&6 Step R side bumping hips twice -double hips
- 7 & 8 Step L side bumping hips twice -double hips (hip roll)

TAG: 24 Counts: 8 counts Part 1 - 16 counts Part 2

End of Wall 2 Facing 6.00 & End Of Wall 4 facing 12.00

PART 1: GO GO ARMS 8 counts

1 - 8Stand With Both feet apart bending bending knees for 8 counts and add these arms movements

Arm Movements

- 1 2 Right arm up, with left arm down, (2) left arm up, right arm down leaning forward
- 3 4Right arm up, with left arm down, (4) left arm up, right arm down leaning forward
- 5 6 Right arm up, with left arm down,(6) left arm up, right arm down leaning forward
- 7 8 Right arm up, with left arm down, (8)left arm up, right arm down leaning forward

PART 2: HINGE SIDE TOGETHER 1/2 TURNS (or HIP BUMPS) 16 counts Only Danced On Side Walls

- 1 4[9.00] Turn ¼ L step R side together, step R side ½ turn R hitch L foot facing 3.00
- 5 8 [3.00] step L side, step L together, step left side, ½ turn L hitch R foot facing 9.00
- 1 4[9.00] Turn ¼ L step R side together, step R side ½ turn R hitch L foot facing 3.00





Wand: 4

5 – 8 [3.00] step L side, step L together ,9.00 change these 2 steps1/4 L step left forward, flick R 12.00

Option on Part 2 Hip Bumps ½ Hinge Bump, R, L, R ½, Bump L,R, L ½ change last counts as above to end Thankyou goes to Jenny McCoy in Perth for Suggesting the music

Contact: Email: inlinedancing@gmail.com - Website www.inlinedancing.webs.com