# Take These Days



Count: 64 Wand: 4 Ebene: Intermediate

Choreograf/in: Maggie Gallagher (UK) - October 2014

Musik: These Days - Take That: (amazon)



Intro: 32 counts

### S1: WALK R, L, ANCHOR STEP, BACK, CROSS & WALK R, L

1-2 Walk right, Walk left

3&4 Cross right behind left, Step weight on left, Step back on right

5-6 Step back on left, Cross right over left &7-8 Step back on left, Walk right, Walk left

#### S2: WALK R, MAMBO STEP, BACK, 1/4, CROSS, 1/4, 1/2

1-2&3 Walk right, Rock forward on left, Recover on right, Step back on left

Walk back on right, ¼ left stepping left to left side [9:00]
Cross right over left, ¼ right stepping back on left [12:00]

8 ½ right stepping forward right [6:00]

# S3: POP, POP, MAMBO 1/4, CROSS, 1/4, 1/2, WALK

Step forward left closing right next to left popping R knee forward

Step forward right closing left next to right popping left knee forward

Rock forward left, Recover on right, ¼ left stepping left to left side [3:00]

5-6 Cross right over left, ¼ right stepping back on left [6:00]
7-8 ½ right stepping forward on right, Walk forward on left [12:00]

# S4: CROSS ROCK & CROSS ROCK & POINT FRONT- SIDE- BEHIND- SIDE

1-2& Cross rock right over left, Recover on left, Step right to right side
3-4& Cross rock left over right, Recover on right, Step left to left side

5-6 Point right toe across left, Point right toe to right side

7-8 Point right toe stretched behind left and looking to left, Point right toe to right side

RESTARTS: Walls 3 & 6

# S5: WALK, KICK & TOUCH, BUMP & BUMP, BUMP, 1/4 SWIVEL, CROSS

1-2&3 Walk right, Kick left forward, Step left next to right, Touch right next to left

4&5 Bump back on right, Bump forward on left, Bump back on right

### Note: Hip bumps should be more stylish with straight, bent, straight knees and slightly angled diagonally

6-7 Bump forward on left, ¼ swivel right keeping weight on right [3:00]

8 Cross left over right

#### S6: SIDE ROCK CROSS, SIDE ROCK CROSS, STEP, TAP BEHIND, STEP, TAP BEHIND

Rock right to right side, Recover on left, Cross right over left Rock left to left side, Recover on right, Cross left over right

5-6 Step right to right side raising arms up, Tap left toe behind right bringing arms down

7-8 Step left to left side raising arms up, Tap right toe behind left bringing arms down RESTART:

Wall 1

# S7: SIDE ROCK, CROSS SAMBA, CROSS, SIDE, CROSSING SHUFFLE

1-2 Rock right to right side, Recover on left

3&4 Cross right over left, Rock left to left side, Recover on right

5-6 Cross left over right, Step right to right side

7&8 Cross left over right, Step right to right side, Cross left over right

# S8: SIDE, BEHIND, SWEEP, WALK FULL CIRCLE L, WALK, TOUCH

&1 Small step right to right side, Cross left behind right ronde sweeping right toe from front to back,

2 Cross right behind left

3-4
½ left walking forward on left, ¼ left walking forward on right
5-6
¼ left walking forward on left, ¼ left walking forward on right

7-8 Walk forward on left, Touch right next to left

#### **RESTARTS:**□

Wall 1 after 48 counts [3.00] Wall 3 after 32 counts [6:00] Wall 6 after 32 counts [12:00]

ENDING: Wall 8 after 48 counts unwind ½ right to face 12:00

CHOREOGRAPHED ESPECIALLY FOR KEELEY'S CHARITY EVENT HELD IN OXFORD ON SATURDAY 18 OCTOBER 2014

#### DEDICATED TO THE ALZHEIMER'S SOCIETY

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