

Mamma Mia

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Chatti the Valley (ES) - October 2014

Musik: Mamma mia (He's italiano) (feat. Glance) - Elena



Intro: 16 Bpm: 136

[1-8]: Right CHASSE, Left Back ROCK STEP, Left CHASSE ¼ TURN, Right Back ROCK STEP.

- 1 Step right to right side
- & Step left next to right foot
- 2 Step right to right side
- 3 Step left back
- 4 Recover weight on right foot
- 5 Step left to left side
- & Step right next left foot
- 6 ¼ turn right, step left back (3:00)
- 7 Step right back
- 8 Recover weight on left

[9-16]: Right SHUFFLE, Right STEP TURN, Left SHUFFLE, Left ¼ STEP TURN.

- 1 Step right forward
- & Step left forward, near right foot
- 2 Step right forward
- 3 Step left forward
- 4 ½ turn right, weight on right foot (9:00)
- 5 Step left forward
- & Step right forward, near left foot
- 6 Step left forward
- 7 Step right forward
- 8 ¼ turn left, weight on Left foot (6:00)

[17-24]: Right SHUFFLE. Left SIDE, TOGETHER, Left Back SHUFFLE, Right COASTER STEP.

- 1 Step right forward
- & Step left forward, near right foot
- 2 Step right forward
- 3 Step left to left side
- 4 Step right beside left foot
- 5 Step left back
- & Step right back, near left foot
- 6 Step left back
- 7 Step right back
- & Step left back, beside right foot
- 8 Step right forward

[25-32]: Left & Right POINT-HIP-STEP, Left ROCK STEP, Left SAILOR STEP ¼ TURN.

- 1 Touch left point forward with hip bump
- & Recover weight on right foot
- 2 Step left on place
- 3 Touch right point forward with hip bump
- & Recover weight on left foot
- 4 Step right on place
- 5 Step left forward

- 6 Recover weight on right foot
- 7 ¼ turn left, step left behind right foot (3:00)
- & Step right to right side
- 8 Step left to left side

START AGAIN

Contact: nupican@hotmail.com
