

Swangin'

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Trevor Thornton (USA) & Kelly Cavallaro (USA) - November 2014

Musik: Swingin' - John Anderson & Colt Ford



Kick and Locks , Walk, Walk, Sailor step

- 1&2& Kick Right foot forward, Step down on right, Lock Left foot behind Right, Step forward on right
3&4 Kick Left foot forward, Step down on left, Lock Right foot behind left
5,6 Step left forward, Step right forward
7&8 Step left behind, step right next to left, step left foot forward

Sailor step, Full turn, Syncopated weave

- 9 &10 Step right behind, step left next to right, step right foot forward
11,12 Hook left foot behind right, full unwind with weight ending on left
13 Step right foot to right side
14&15 Step left foot behind right, step right foot out to right, cross left foot over right
16 Step Right foot out to right

Shoulder bumps, Body roll with a turn, Jazz box

- 17,18 Bump left shoulder to the left, Bump right shoulder to the right
19,20 Roll left shoulder down, turning a 1/4 to the left, Scuff right foot forward
21-24 Cross right over left, Step left foot back, Step right foot next to left, Step left foot forward

Walk, Walk, Kick ball change, Sway, Sway

- 25,26 Walk right , walk left
27&28 Kick right foot forward, step right next to left, step left
29,30 Step right foot forward at an angle, dipping body down, Touch left foot next to right, bringing body back up
31,32 Step left foot forward at an angle, dipping body down, Touch right foot next to left, bringing body back up

REPEAT and ENJOY!!

Any questions, contact us:

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