

# True (真相) (zh)

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Robert Lindsay (UK) - 2007年11月

Musik: Verdadero - David Civera : (CD: Ni el Primero Ni El Ultimo)



- 第一段 Chasse Right, Rock, Recover, Step, Hold, & Step, Touch**  
右追步, 後下沉 回復, 踏 候-併-左 併點
- 1&2 Step right to right side. Step left beside right. Step right to right. 右足右踏, 左足併踏, 右足右踏
- 3,4 Rock back on left behind right. Recover on right.  
左足於右足後下沉, 右足回復
- 5-6 Step left to left. Hold. 左足左踏, 候
- &7,8 Step right beside left. Step left to left. Touch right beside left 右足併踏, 左足左踏, 右足併點
- 第二段 Cross Rock, Recover, Chasse ¼ Turn Right, Step, Hold, & Step, Touch**  
交叉下沉 回復, 追步轉, 踏 候-併-踏, 併點
- 1,2 Cross rock right over in front of left. Recover left.  
右足於左足前交叉下沉, 左足回復
- 3&4 Step right to right. Step left beside right. Turning ¼ turn right, step forward right. 右足右踏, 左足併踏, 右轉90度右足前踏
- 5-6 Step forward left. Hold 左足前踏, 候
- &7,8 Step right beside left. Step forward left. Touch right beside left.  
右足併踏, 左足前踏, 右足併點
- 第三段 Rock, Recover, Right Shuffle Forward, Rock, Recover, Left Shuffle Forward** 下沉 回復, 前交換, 下沉 回復, 前交換
- 1-2 Rock forward onto right. Rock back onto left.  
右足前下沉, 左足回復
- 3&4 Step forward right. Step left to right. Step forward right.  
右足前踏, 左足併踏, 右足前踏
- 5-6 Rock forward onto left. Rock back onto right. 左足前下沉, 右足回復
- 7&8 Step forward left. Step right to left. Step forward left.  
左足前踏, 右足併踏, 左足前踏
- 第四段 Step ½ Turn, Touch, Left Kick Ball Cross, & Cross, Touch, Left Shuffle Forward** 踏 轉併點, 踢 併 交叉 併 交叉 併, 前交換
- 1-2 Step forward right. Pivot ½ turn left, touching left to right.  
右足前踏, 左軸轉180度左足併點
- 3&4 Kick left foot forward. Step ball of left beside right. Cross right over left. 左足前踢, 左足併踏, 右足於左足前交叉踏
- &5-6 Step ball of left beside right. Cross right over left. Touch left beside right. 左足併踏, 右足於左足前交叉踏, 左足併踏
- 7&8 Step forward left. Step right to left. Step forward left.  
左足前踏, 右足併踏, 左足前踏
- 第五段 Rock Right, Recover, & Rock Left, Recover, & Step Forward, ¼ Pivot Turn Left, Right Heel Hook, Step**  
右下沉 回復, 併 左下沉 回復, 併 踏 1/4, 踵 勾 踏
- 1,2 Rock right to right side. Recover weight onto left.  
右足右下沉, 左足回復
- &3-4 Step right beside left. Rock left to left side. Recover weight on right.  
右足併踏, 左足左下沉, 右足回復

- 8&5-6 Step left beside right. Step forward right. Pivot ¼ turn left.  
左足併踏, 右足前踏, 左軸轉90度
- 7&8 Touch right heel out in front. Hook right in front of left. Step down on right taking weight. 右足踵前點, 右足於左足前勾, 右足踏

**第六段 Step Left, Right Behind, & Cross, Rock Left, Recover Right, Step Left Behind Right, Step Right, Step Forward Left, Step Forward Right**  
左, 後併前, 左下沉回復, 後旁前, 踏

- 1,2 Step left to left side. Step right behind left.  
左足左踏, 右足於左足後踏
- 8&3-4 Step left beside right. Step right across in front of left. Rock left to left side. 左足併踏, 右足於左足前交叉踏, 左足左下沉
- 5,6 Recover weight onto right. Step left behind right.  
右足回復, 左足於右足後踏
- 8&7-8 Step right to right side. Step forward left. Step forward right.  
右足右踏, 左足前踏, 右足前踏

**第七段 Rock Forward Left, Recover Right, Left Coaster Step, Rock Right, Recover Left, Right Cross Shuffle**  
下沉回復, 後併前, 右下沉回復, 交叉交換

- 1,2 Rock forward on left. Recover weight onto right.  
左足前下沉, 右足回復
- 3&4 Step left back. Step right beside left. Step left forward.  
左足後踏, 右足併踏, 左足前踏
- 5-6 Rock right to right side. Recover weight onto left.  
右足右下沉, 左足回復
- 7&8 Cross right over left. Step left to left. Cross right over left.  
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

**第八段 2 x ¼ Turn Right, Left Cross Shuffle, Step Right, Touch, Left, ¼ Chasse Left** 右1/4 1/4, 交叉交換, 右踏併點, 追步轉

- 1,2 Turning ¼ turn right, step back on left. Turning ¼ turn right, step right to right. 右轉90度左足後踏, 右轉90度右足右踏
- 3&4 Cross left over right. Step right to right. Cross left over right.  
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏
- 5,6 Step right to right side. Touch left beside right.  
右足右踏, 左足併點
- 7&8 Step left to left. Step right to left. Turning ¼ turn left, step forward left. 左足左踏, 右足併踏, 左轉90度左足前踏

RESTARTS: There are 2 very easy restarts in this dance. They OCCUR at the end of the FIRST wall – facing the front. and the end of the FOURTH wall – facing the back. Both these walls only have 60 counts. Counts 57-60 are then as follows:

第一面牆面向前面牆時, 第四面牆面向後面牆時,  
跳至第七段時加跳下列4拍從頭起跳

**2 x ¼ Turn Right, Step Touch** 右1/4 1/4, 左踏併點

- 1,2 Turning ¼ turn right, step back on left. Turning ¼ turn right, step right to right. 右轉90度左足後踏, 右轉90度右足右踏
- 3,4 Step left to left side. Touch right beside left.  
左足左踏, 右足併點