

Sakit

Count: 64

Wand: 2

Ebene: Phrased Easy Intermediate

Choreograf/in: Bambang Satiyawan (INA) - October 2014

Musik: Sakitnya Tuh Disini - Cita Citata



(Start on vocal/after 2 counts)

Sequence: A,A, B,B, A,A, A,A, B,B, A,A,A

Part A – 32 counts

I. GRAPEVINE HIP BUMP-GRAPEVINE HIP BUMP

- 1 – 2 Step R to side, Step L behind R
- 3 – 4 Step R to side, Touch L in place with hip bump
- 5 – 6 Step L to side, Step R behind
- 7 – 8 Step L to side, Touch R in place with hip bump

II. IN PLACE-HIP BUMP-IN PLACE –HIP BUMP-TURN IN PLACE-HIP BUMP-IN PLACE-HIP BUMP

- 1 – 2 Step R in place, Touch L in place with hip bump
- 3 – 4 Step L in place, Touch R in place with hip bump
- 5 – 6 Turn ¼ left Step R to side, Touch L in place with hip bump
- 7 – 8 Step L in place, Touch R in place with hip bump

III. WALK-TOUCH-BACK WALK-TOUCH

- 1 – 2 Walk R-L
- 3 – 4 Step R forward, Touch L in place with hip bump
- 5 – 6 Walk backward L-R
- 7 – 8 Step L back, Touch R in place with hip bump

IV. FORWARD-CLOSE-BACKWARD-HOOK-FORWARD-CLOSE-TURN-FLICK

- 1 – 2 Step R forward, Close L beside R
- 3 – 4 Step R back, Hook L over R
- 5 – 6 Step L forward, Close R beside L
- 7 – 8 Turn ¼ left Step L to side, Flick R behind L

Part B – 32 counts

I. MONTEREY-ROCKING CHAIR

- 1 – 2 Touch R to side, Turn ½ right close R to L
- 3 – 4 Touch L to side, Close L to R
- 5 – 6 Rock R forward, Recover on L
- 7 – 8 Rock R backward, Recover on L

II. CROSS-TOUCH-CROSS-TOUCH-JAZZ BOX TURN

- 1 – 2 Cross R over L, Touch L to side
- 3 – 4 Cross L behind R, Touch R to side
- 5 – 6 Cross R over L, Turn ¼ right step L back
- 7 – 8 Step R to side, Cross L over R

III. SIDE-CLOSE-SIDE-TOUCH-SIDE-CLOSE-SIDE-TOUCH

- 1 – 2 Step R to side, Close L to R
- 3 – 4 Step R to side, Touch L in place with hip bump
- 5 – 6 Step L to side, Close R to L
- 7 – 8 Step L to side, Touch R in place with hip bump

IV. FORWARD-TOUCH-BACKWARD-HOOK-PIVOT-WALK IN PLACE

- 1 – 2 Step R forward, Touch L beside R
- 3 – 4 Step L backward, Hook R over L
- 5 – 6 Step R forward, Turn $\frac{1}{4}$ left step L in place
- 7 – 8 Close R to L, Step L in place

Enjoy the dance...

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