

Dirty Bit (zh)

COPPER KNOB
BY STEPHEN HETS

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Shaz Walton (UK) - 2010年12月

Musik: The Time (Dirty Bit) - Black Eyed Peas : (CD Single - 5:08)



前奏 : 128 counts.... 60 seconds

第一段 Point. ½. Point. Kick Ball Point. ½. Point. Kick. Step. Cross.

- 1-2 Point Right To Right Side. Make ½ Turn Right Stepping Right Down.
右足右點, 右轉180度右足踏
- 3-4&5 Point Left To Left Side. Kick Left Forward. Step Left Down. Point Right To Right Side. 左足左點, 左足前踢, 左足踏, 右足右點
- 6-7 Make ½ Right Stepping Right Down. Point Left To Left Side.
右轉180度右足踏, 左足左點
- 8&1 Kick Left Forward. Step Left Beside Right. Cross Right Over Left. 左足前踢, 左足併踏, 右足於左足前交叉踏
Restart 2 Wall 5
第五面牆跳到8&後, 加跳中文舞序最後說明的8拍舞步後, 從頭起跳

第二段 Back. Side. Forward. Press. Walk Back X3

- 2-3 Step Back Left. Step Right To Right Side. Step Left Forward.
左足後踏, 右足右踏, 左足前踏
- 4-5 Step Left Forward. Step Right Forward As You Press Right Forward.
左足前踏, 右足前壓踏
- 6-7-8 Step Back Left. Step Back Right. Step Back Left.
左足後踏, 右足後踏, 左足後踏
** Restart Wall 3. Dance Up To Count 16 & Restart The Dance Facing The Back Wall. ** 第三面牆跳至此, 面向後面牆, 從頭起跳

第三段 ½. Sweep ½. Step. Side Rock. Recover. Walk. Walk. Hold. Side Rock. Recover.

- 1 Make ½ Turn Right Stepping Right Forward.
右轉180度右足前踏
- 2-3 Sweep Left ½ Turn Right. Step Left Beside Right.
左足繞右轉180度, 左足併踏
- &4 Rock Right To Right Side. Recover Onto Left.
右足右下沉, 左足回復
- 5-6-7 Walk Forward Right. Walk Forward Left. Hold.
右足前走, 左足前走, 候
- &8 Rock Right To Right. Recover Onto Left.
右足右下沉, 左足回復

第四段 Back. Point. Reverse ¼. Point. Back. Point. Reverse ¼. Point.

- 1-2 Step Back Right. Point Left To Left Side.
右足後踏, 左足左點
- 3-4 Make ¼ Left As You Step Back Left. Point Right To Right Side.
左轉90度左足後踏, 右足右點
- 5-6 Step Back Right. Point Left To Left Side.
右足後踏, 左足左點
- 7-8 Make ¼ Left As You Step Back Left. Point Right To Right Side.
左轉90度左足後踏, 右足右點

第五段 Ball Step. Lock Step. Step. ¼ . Cross. Side. Behind. Shuffle ¼

- &1 Step Back Right. Step Left Forward.
右足後踏, 左足前踏
- 2-3 Lock Right Behind Left. Step Left Forward.
右足於左足後鎖踏, 左足前踏
- 4&5 Step Right Forward. Make ¼ Left. Cross Step Right Over Left.
右足前踏, 左轉90度, 右足於左足前交叉踏
- 6-7 Step Left To Left Side. Cross Step Right Behind Left.
左足左踏, 右足於左足後交叉踏
- 8&1 Step Left To Left Side. Cross Step Right Behind Left. Make ¼ Left Stepping Left Forward.
左足左踏, 右足於左足後交叉踏, 左轉90度左足前踏

第六段 Lock Step. Step. ¼ . Cross. Side. Behind. Shuffle ¼

- 2-3 Lock Right Behind Left. Step Left Forward.
右足於左足後鎖踏, 左足前踏
- 4&5 Step Right Forward. Make ¼ Left. Cross Step Right Over Left.
右足前踏, 左轉90度, 右足於左足前交叉踏
- 6-7 Step Left To Left Side. Cross Step Right Behind Left
左足左踏, 右足於左足後交叉踏
- 8&1 Step Left To Left Side. Cross Step Right Behind Left. Make ¼ Left Stepping Left Forward.
左足左踏, 右足於左足後交叉踏, 左轉90度左足前踏

第七段 Sweep ½. Step. Side Rock. Recover. Walk. Walk. Hold. Side Rock. Recover.

- 2-3 Sweep Right ½ Turn Left. Step Right Beside Left.
左轉180度右足繞, 右足併踏
- &4 Rock Left To Left Side. Recover Onto Right.
左足左下沉, 右足回復
- 5-6-7 Walk Forward Left. Walk Forward Right. Hold.
左足前走, 右足前走, 候
- &8 Rock Left To Left Side. Recover Onto Right.
左足左下沉, 右足回復

第八段 Back. Touch. ¼. Ball Point. Hitch. Cross. Side Rock. Recover. Touch.

- 1-2-3 Step Back Left. Touch Right Back. Make ¼ Right. (Weight Right)
左足後踏, 右足後點, 右轉90度重心在右足
- &4 Step Right Left Beside Right. Cross Step Right Over Left.
右足併踏, 右足於左足前交叉踏
- 5-6 Hitch Left Knee Over & Across Right. Step Left Over Right.
左膝於右足前交叉抬, 左足於右足前交叉踏
- 7&8 Rock Right To Right Side. Recover On Left. Touch Right Beside Left.
右足右下沉, 左足回復, 右足併點

Restart & Tag- Wall 5. Dance Up To Count 8& And Add The Following....

第五面牆, 跳到第一段8&時, 加下面8拍後從頭起跳

- 1-2 Rock Forward Right. Recover Left.
右足前下沉, 左足回復
 - 3-4 Make ¼ Right Stepping Right To Right Side. Step Left To Left Side.
右轉90度右足右踏, 左足左踏
 - 5-6-7-8 Improvise For These 4 Counts.... Shake, Bump, Wiggle... Whatever You Want J Just Have Fun.
即興4拍舞步-Shake, Bump, Wiggle, 隨自己的開心自由舞動
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