



Count: 32 Wand: 2 Ebene: Phrased Intermediate

Choreograf/in: Ra'Chel Fowler (USA) - September 2014

Musik: Work It (Ian Munro Remix) - Missy Elliott



Pattern: AA, BB

## PART A - 16 counts

# SHA'RON, TWO STEPS, ¼ TURN LEFT, SHARON, TWO STEPS, TAP, WALK BACK, COASTER, ½ TURN

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1-2&	Step up right, followed with left behind right, step right
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3-4 Step up with right foot followed by left

5-6& ½ turn left – step left, step right behind left, step left

7-8 step up with left foot followed by right

1-2 Tap up with right foot, step back with right foot

3-4& Step back with left, right coaster (hop back on right foot, tap left)

5-6 Tap right foot out, recover

7-8 Place left foot behind right ½ turn left

### **REPEAT**

#### PART B - 16 counts

## MR. QUICK 1/2 TURN RIGHT, STEP UP, SLIDE BACK FULL TURN LEFT

1-2	Step up with right foot, lift right leg
3-4	Move right foot forward in slow motion
&5-6	Tap left foot down, tap right foot out (say "And WERK), recover right
7-8	Place left foot behind right ½ turn left
1-2	Step up with right foot followed by left
3-4	freestyle

3-4 freestyle5-6 freestyle

7-8 Place left foot behind right ½ turn left

## START OVER

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