

# Can't Help

**COPPER** KNOB  
BY STEPHENETS

Count: 32

Wand: 2

Ebene: Beginner - Single or Contra

Choreograf/in: Rhoda Lai (CAN) - September 2014

Musik: Can't Help - Parachute : (3:24)



This dance can be done as a 2-wall line dance or a contra dance with hand gestures making it more fun to do so.

Intro: 40 counts

Contra starting position:

Dance starts with lines facing each other and 3 feet apart. The third row of dancers should be 3 feet apart from the second row in order to have interactions between rows.

**S1: □(L Side, R Tap; R Side, L Touch/Clap Clap)x 2**

- 12 step L to the side; tap R toe far behind L while bending L knee snapping fingers downward with right hand
- 3&4 step R to the side, touch L next to R and clap, clap
- 56 repeat 12
- 7&8 repeat 3&4

**S2: □L Shuffle Fwd, R Mambo 1/2 R, L Shuffle Fwd, R Fwd Pivot 1/2 Step**

- 1&2 step L fwd, step R next to L, step L fwd
- 3&4 rock fwd R (Contra: touching each other's R hand with a light push), recover onto L, 1/2 R stepping R fwd
- 5&6 step L fwd, step R next to L, step L fwd
- 7&8 step R fwd (Optional: you'll be facing another dancer, Hi five with each other), 1/2 L step L fwd, step R fwd

**S3: □ L Shuffle Fwd, R Shuffle Fwd, L Cross-side-back, R Back-side-cross**

- 1&2 step L fwd, step R next to L, step L fwd (start passing your partner on your right shoulder)
- 3&4 step R fwd, step L next to R, step R fwd
- 5&6 cross L over R, step R the side, step L back (same Optional Hi five gesture when you meet your friend!)
- 7&8 step back R, step L to the side, cross R over L

**S4: □ L Side Rock, L Cross Rock, L Sailor 1/2 L, (R Bump Hip /L Arm Up ) X2**

- 12 rock L to the side (push L hip out), recover onto R
- 34 cross L over R, recover onto R
- 5&6 step L behind R, 1/2 L step R slightly to the side, step L next to R
- 78 bump hip to the R twice while raising L arm up twice

Contact: rhoda\_eddie@yahoo.ca - 1(647) 295-3833 - www.laidance.net